

LAMBDA

Laurentian University's Bilingual Student Newspaper
Le journal étudiant bilingue de l'Université Laurentienne
Volume 38 - Issue 15 / Numéro 15

PUNCH THE
MONKEY!!



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STUDENTS REACT TO THE MILLENNIUM SCHOLARSHIPS

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THROWING DEBT BACK IN THE GOVERNMENT'S FACE SINCE 1961

Students Reject Millennium Scholarship

by Ryan Gibbs
News Editor

On Tuesday, January 18th, Sarah Dean, a fourth-year student of translation at Laurentian, announced her intention to refuse her Millennium Scholarship outside the Great Hall. Sarah was joined by Marcel Marcotti, another Laurentian student who refused the award. Both protests were endorsed by the Student's General Association (SGA).

At the press conference, Todd Bosak, Vice President of Student Issues, called the Millennium Scholarship scheme "fraud". He explained that the federal government has pledged approximately \$2 billion to help students fight to pay their debts. But the money is handled by the provincial government - mishandled according to the students who refused it.

The provincial government is giving the Scholarship to students as debt forgiveness. But, students who receive the full amount of OSAP are already subject to an approximate \$3,000 debt forgiveness. So, the Millennium Scholarship can be used to forgive debt otherwise forgiven. Furthermore, the Scholarship is taxable; consequently, students could receive less, or even pay, on their income tax. As debt forgiveness, the money would be nontaxable. The Millennium Scholarship is treated as debt forgiveness, though categorized as a scholarship. This inconsistency has made many students angry.

Sarah Dean was suspicious of the Scholarship when she was informed of her entitlement in December. The announcement was accompanied by an enthusiastic, draft press release to be directed to local newspapers. When the Millennium Scholarship was first announced, its priority was affirmed: "investing in the knowledge and creativity of Canadians, and giving young Canadians a

chance to thrive in the new economy by ensuring that post-secondary education is accessible and affordable."

When Dean rejected the Scholarship, she did so on the grounds that "the Ontario government's disbursement of the fund is not in accordance with the stated objective of the Millennium Scholarship Foundation." Dean also referred to the Ontario government's assurance that the Scholarship will not reduce student debt and its reported savings of \$50 million from the initiative. These claims supported Dean's decision to refuse the funds.

Dean has directed her letters of protest to Norman Riddell (Executive Director and CEO of the Canada Millennium Scholarship Fund), Dianne Cunningham (Minister of Training, Colleges and Universities), and Helmut Zisser (Executive Director, Ontario Student Assistance Plan). Marcel Marcotti, another recipient of the Scholarship, intends to follow Dean's example. Marcotti determines that he will actually pay more as a result of the Scholarship.

The SGA supports and encourages both students, and other recipients who decide to decline the Millennium Scholarship. "We are shocked that the Ontario government would take monies allocated for student assistance and misappropriate it," stated Todd Bosak, "This is by far the most shocking and sad example of this government's commitment to tax cuts for the rich on the backs of students that I have ever seen."

The Millennium Scholarship scandal will be added to the list of grievances students will voice during ACCESS 2000. This national campaign against both federal and provincial governments will take place on February 2nd, 2000. In Sudbury, students will march and rally downtown.

DID YOU RECEIVE A MILLENNIUM SCHOLARSHIP? LET LAMBDA KNOW WHAT YOU ARE GOING TO DO WITH IT! EMAIL US AT LAMBDA.PUB@HOTMAIL.COM

School of Commerce Plans Relocation

by Ryan Gibbs
News Editor

Laurentian University's School of Commerce is planning to relocate downtown. Rumours of the initiative spread during the Christmas holidays, with the former Eaton's store named as the new location. Dr. Huguette Blanco, Director of Commerce, confirms that the department is planning a new facility downtown, but states that the precise location remains uncertain.

The School of Commerce intends to relocate in order to gain an advantage in the growing information-based economy. University facilities are considered inadequate for this purpose. In addition, the move will establish a university presence in the downtown core.

Despite the advantages, many commerce students - especially those living in residence - are concerned about the consequent inconvenience of the new facility. Commerce professors share this concern. Dr. Blanco acknowledges these anxieties and assures that they will be considered when planning the new facility.

Dr. Blanco is particularly concerned about the added expenses for commerce students and faculty. She has explored the possibility of organizing a shuttle bus to travel between the university campus and the downtown site. Consideration has also been given to the possibility of arranging special day passes to prevent additional parking fees for students returning to Laurentian.

Communication with the university is not expected to be greatly reduced, with the availability of on-line services. For example, J. N. Demarais Library can be accessed by the Internet. There is also the possibility of establishing a library in the new location.

The problems facing Laurentian's School of Commerce have also affected Simon Fraser University, in Vancouver. Simon Fraser



Laurentian's Commerce Department May Fill The Empty Void in the City Centre

felt the need to expand its facility into the downtown core and renovated a former department store. Simon Fraser is a possible model for the School of Commerce.

The motivation behind the Simon Fraser move was also an initiative to gain an edge in the knowledge-based economy. Another goal of the new facility was to attract researchers who decide to work in the United States. Similarly, Laurentian's new location can be seen as an effort to attract researchers to the north.

Simon Fraser turned to the private sector to fund the new loca-

tion. It named its rooms after corporate sponsors and presently rents the new facility to raise money. Unlike Simon Fraser, Laurentian's Commerce School has not announced private sponsorship. In fact, the decision to move downtown is conditional upon government funding.

Dr. Blanco is optimistic that the government will grant the necessary funds. She believes that the proposal was favourably received, especially the potential for affiliation with Cambrian College. The success of this project could entice other related departments to join the new campus.

CHECK OUT STUDENTS' REACTIONS TO THE COMMERCE MOVE ON PAGE 5 IN "FACES IN THE CROWD"

Huntington University Names First Chancellor

Mr. Theodore (Ted) Jewell has been named the first Chancellor of Huntington University. Mr. Jewell, a Kapuskasing resident, is well known to the Huntington community, primarily through his many years of service as a member and Chair of the University Board of Regents.

Since 1975, Ted Jewell has taught in Timmins and Kapuskasing, and was Vice-Principal at Kapuskasing District High School, where he completed his career teach-

ing English. In 1987, he was presented an award for Excellence in Teaching by Canadore College.

Mr. Jewell graduated from the University of Toronto and the Royal Conservatory of Music, and holds the Diploma in Organ from the American Guild of Organists. His awards include an Honorary Fellow of Huntington University.

For many years, Mr. Jewell served as organist and choir leader in several churches in Guelph, Timmins, and Kapuskasing. After serving

nearly 40 years, he continues to work in these centres as a church musician at the United Church. He has also been a piano accompanist and adjudicator.

Ted Jewell also has extensive experience in municipal politics, having been elected to the City of Kapuskasing Council and then to the office of Mayor of Kapuskasing from 1980 to 1991. In 1999, Mr. Jewell was nominated to the Order of Ontario.

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Weedless Wednesday

by Ryan Gibbs
News Editor

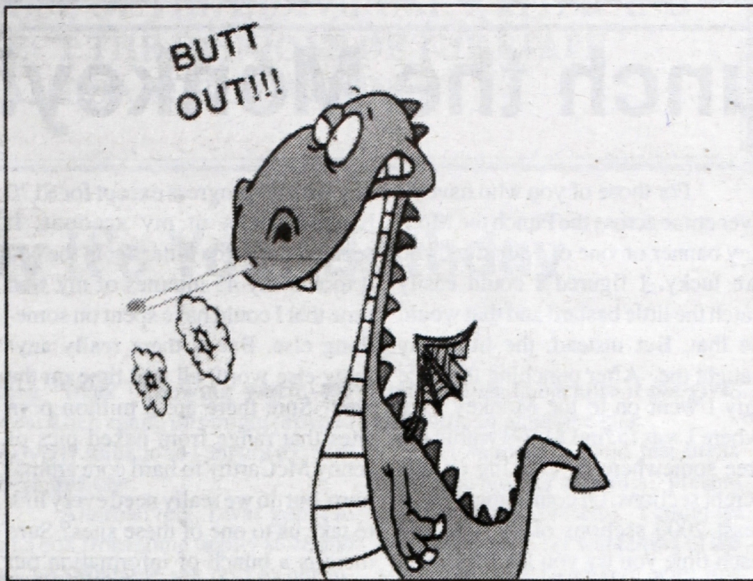
Wednesday, January 19, has been designated "Weedless Wednesday" by Health Canada. The day is designed to provide an opportunity for smokers to quit. People who do not smoke are also expected to encourage and support smokers to quit or cut down on this day.

Laurentian University Health Services planned to commemorate the day by setting up an information booth in The Great Hall Foyer. From 10:00 A.M. to 3:00 P.M., Representatives of Health Services, Peer Educators, and The Canadian Cancer Society were scheduled to attend to answer questions and deter smoking.

Lyne Rivet, of Health Services, stresses the hazards of smoking, claiming that nicotine is "more addictive than heroine". There is growing concern for the effects of second-hand smoke - now considered more harmful than smoking itself. As well, there is concern for the ever-increasing number of young women who take up smoking.

Rivet considers the image young women have of smokers to have a significant influence over their decision to smoke. Girls see themselves as rebellious, independent, and sexy, when they smoke. Also, they consider smoking an effective means of reducing body weight. These women often suffer from poor self-esteem.

On "Weedless Wednesday", efforts will be made to encourage smokers to quit. Diagrams will be provided by Health Services that depict the hazards of smoking by illus-



trating the damage it can cause to various parts of the body. Not only does it affect the heart and lungs, but the brain and genitals as well.

Information will also be provided on support groups available on campus and in the region. The Sudbury Regional Hospital has recently founded a support network and has received much praise for the initiative.

There are also support groups on campus. The Smokers and Quitters group is modelled after Alcoholics Anonymous. Participants share their stories with others who share their problems. Peer Educators from campus are available for individual counselling.

"Weedless Wednesday" occurs in the middle of National Non-Smoking Week (the third week of January). The Minister of Health started The Week by announcing the Campaign's objectives: "to educate

Canadians about the dangers associated with tobacco use, to prevent people from becoming addicted, to help smokers quit, and to ensure a smoke-free environment for non-smokers."

The goals of this awareness week are premised on the belief that smoking is an important issue for Canadians. Tobacco use is considered "the leading cause of preventable illness, disability, and premature death in Canada." It is estimated that over 45,000 Canadians die every year from tobacco related diseases.

Health Canada also offers assistance to people wishing to quit smoking. It hosts several web sites, like "Quit for Life", that share the experiences of smokers and provide a support group over the Internet. According to Rivet, the information provided during the week is of value to people wishing to quit, as well as people who want others to quit.

President's Award for Excellence Essay Competition

Once again, Laurentian University is offering its students the opportunity to demonstrate their strengths as writers by participating in the President's Award for Excellence Essay Competition. This year's topic is: "Does the New Millennium Matter?"

As in previous years, the President's Award for Excellence is comprised of two competitions, one for essays written in English and the other for essays written in French. The two first prizes are \$2,500, while both

runner-up prizes are \$1,000. Laurentian University President, Dr. Jean Watters, hopes that this original topic will entice students to submit an essay.

To qualify, students must be Canadian citizens and be registered in an undergraduate program at the Sudbury campus of Laurentian University during the academic year 1999-2000. Application forms and instruction sheets are available at the University's Centre for Academic Writing, located in room A121. Es-

says must be submitted on or before March 1, 2000 at 4:00 pm (maximum 4,500 words).

The President's Award for Excellence Essay Competition is made possible by the Sudbury District Boy's Home Charitable Trust, which was created when the Home ceased to operate in 1982. Its assets were converted into a charitable trust and distributed among a number of local institutions, including Laurentian University.

Banff Mountain Film Festival

Friday, January 21, 2000, at 7 pm, several of the best movies at the 24th Annual Banff Mountain Film Festival will be shown at Laurentian University's Fraser Auditorium. Booths will be on display at 6 pm in the Fraser Building foyer. Advance tickets are \$8 for students and seniors, \$10 for adults; and \$12 at the door. They may be purchased at Laurentian University's Department of Active Living, Rocks, The Outside Store, and Threadz.

This year's selection will include films from Canada and many countries around the world. Their powerful stories reflect a wide range

of mountain experiences and portraits, from climbing and other mountain sports, to mountain culture and the environment. Whether it is shooting the rapids, climbing a peak, or skiing in deep powder, these films should inspire and excite the Sudbury audience - from the experienced mountaineer to the armchair explorer.

These films will be presented at Laurentian University during the Best of the Banff Mountain Film Festival World Tour stop in Sudbury. This world tour, which kicked off in November 1999, will wind its way through North America as well as Europe, South Africa, Iceland, New

Zealand, Australia, Mexico, Singapore, and Japan.

Now in its 24th year, the Banff Mountain Film Festival has become the preeminent festival of mountaineering matters in the world. This year, this international festival received 138 entries for the competition from 22 countries. Every film submitted is viewed by a screening committee that selects the 30 to 40 finalists. It is this short list of the best films and videos that is screened before the Banff audience. A prestigious international jury determines the winners in five categories, and the festival audience votes for the People's Choice Award.

News Briefs

YWCA of Canada CEO to Speak in Sudbury

Elaine Teofilovici, Chief Executive Officer of the YWCA of Canada will be the guest speaker at the Sudbury YWCA's second annual Reunion Luncheon and Circle of Friends Millennium Celebration on February 6, 2000 at 1:00 pm, 486 Ester Rd.

Ms. Teofilovici will be addressing women's issues in the new millennium. Her presentation at the Reunion Luncheon is entitled, "Does the New Millennium Belong to Women?"

As part of the celebration of the new millennium, the YWCA Circle of Friends Millennium Quilt will be unveiled for the first time to the public at the luncheon.

The Millennium Quilt has been in the making for over a year by many dedicated volunteers. In the creation of the quilt, the YWCA has a permanent reminder of the caring Sudbury community. It also brings a message of hope that the future will continue to bring people together for the benefit of the whole community.

As well as presenting the quilt, an excellent luncheon buffet will be offered. Tickets for the luncheon are \$20.00 each and a tax deductible receipt will be issued for \$10.00. Table bookings are available to accommodate your group.

Also featured at the luncheon will be the kick-off of the YWCA's Membership Campaign 2000 - the annual membership drive for members and supporters of the YWCA.

A unique group of musicians, the Kampana Bell Choir, will entertain during the luncheon. The choir is a talented group of women who use a variety of bells to produce their beautiful music.

The YWCA will recognize its founders and thank some very special volunteers for their dedication and hard work over the years. Past and present board members and old friends will be there too.

To purchase tickets for \$20.00 each and to book tables, call the YWCA at 673-4754. Tickets are also being sold at Betty Dabous Ltd. (Cedar Point Mall), Forget Me Not Flowers (Walden Plaza Lively), Body Shop (New Sudbury Shopping Centre), and Black Cat Too (86 Durham).

The YWCA is a charitable, non-profit organization dedicated to improving lives of people in our community. The Sudbury YWCA programs include violence against women programs and services such as Geneva House (a shelter for abused and homeless women and their children), Second Stage housing, school based programs, employment readiness programs, and Service Coordination for people who have a development disability.

Financial Services at the Crossroads

John Cleghorn, Chairman and CEO of Royal Bank Financial Group, will present his vision of the future of financial services in the new economy at the 4th annual Visionary Seminar, presented by The Office for Partnerships for Advanced Skills (OPAS). The Seminar will take place at Wilfred Laurier University in Waterloo and will be broadcast via video conference to Laurentian University and other campuses across Canada.

The video conference, which is open to the media, will be broadcast to universities across the country from 12:15 pm to 1:30 pm. After the formal presentation, Mr. Cleghorn will answer questions submitted by universities.

Date: Tuesday, January 25, 2000

Time: Video Conference at 12:15 pm,

Location: Fraser Building FA 181

Bank Rep: George Nelson, Sales & Market Manager, RBC

The Visionary Seminar is designed to provide a forum for industry representatives, university faculty and senior students to join together to assess an informed version of the future. Previous speakers at the Visionary Seminar have included Ted Rogers (CEO, Rogers Communications Inc.), Jean Monty (Chief Executive, Northern Telecom), and Jean Sheridan (President, Bell Canada).

The Office for Partnerships for Advanced Skills is a partnership of all Ontario universities and leading Canadian companies dedicated to advancing the competencies of organizations and individuals. It can be reached at www.opas-partnerships.com.

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Circulation

Lambda circulates 3,300 copies throughout the city of Sudbury and the Laurentian University Campus.

We thank the following for permitting us to circulate our paper at their establishments:

William's Coffee Pub, The Black Cat & Black Cat Too, The Towne House, East Side Marios, This Ain't The Only Café, Ralph's, Subway (Lasalle), Douglas Video & Variety, Poetz Pantry, Peddler's Pub, Gilmour's, The Elm Tree, Lil' Habana's, Parker House, Comics North, The Daily Grind, Jadz Café, Scooters, Books & Beans & The Cooke House.

Write to us but remember...

All submissions become the property of Lambda Publications and will thus be subject to editing. Letters submitted must bear the author's full name and telephone number. Names will be withheld upon request. Letters must not be longer than 250 words. Lambda reserves the right to edit for content considered sexist, racist, homophobic, heterosexist or for length.

Lambda is the weekly student newspaper of, by and for the students of Laurentian University. Lambda is funded through a direct student levy by the members of the Student's General Association, yet remains autonomous from all University organizations, both student and administrative.

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Editor's Corner...

Punch the Monkey!!!

by Mat Thompson
Editor-In-Chief

I finally did it... I finally bought a computer that is more than just a typewriter with a screen. My old PC with Windows B.C. on it is finally going off the balcony and my new iMac is taking its place. Now I'm not to great with computers, but in my four years at Lambda I have learned to appreciate and use Macintosh Computers, which in turn lead me to buying my iMac.

So why did I need a computer that was made within the last twenty years? Well, with my position here at Lambda, it is a good idea for me to actually be able to access the internet. That's right... for all these years I have trusted that Nick hasn't been sending people on wild goose chases for their Roadkill Sites. So now I've got access. Well, it took about four hours to actually get the connection to work but that's a different story. So what does a person like me do with the internet? Do I go and check for new and updated publishing software, ideas on layout and design, or do I punch the monkey?

For those of you who haven't ever come across the Punch the Monkey banner on one of your sites, you are lucky. I figured I could easily catch the little bastard and that would be that. But instead, the little guy caught me. After punching the little guy I went on to the Monkey Tree where I was to find \$1100 within the tree somewhere by clicking on different sections. Of course there are at least 2000 sections of the tree and each time you try you get taken to a new screen which begs you to visit their sponsors. Every time you visit a sponsor site you get closer and closer to receiving clues as to where the money is on the tree. Of course all the sponsors are gambling sites and soft-core porn sites, but after you visit five you get \$20 in Banana Bucks.

So did I ever find the money? Nope. I spent almost 45 minutes trying to find the money, visiting sponsor sites and boxing the stupid mon-

key with no progress except for \$170 banana bucks in my account. It seemed fun at the time, but in the end it took away 45 minutes of my web time that I could have spent on something else. But is there really anything else worth all that time on the web? Sure there are a million porn sites that range from naked pics of Jenny McCarthy to hard core animal porn, but do we really need every link to take us to one of these sites? Sure there is a bunch of information out there that could be beneficial to us in some way or another, but it is hard to find as the easy to access sites get in the way. I have to find a short story on the net for my Children's Lit class and the web address is enormous, then I have to go through at least seven more links just to find it. The information should be easier to access, and the porn should be harder. Everything you type takes you to some type of porn. I typed in Little

Red Riding Hood as a search and out of 20 sites listed, three were sites for children about the story while the rest were some sort of kinky sex versions. It is pretty pathetic since most people get hung up on these sites and miss the whole reason for the internet.

The net is not there so geeks and pedophiles can get their rocks off to pictures of silicone implanted freak of nature and a 3/4 missing Coke bottle. The net is there for us to gather information when we can't get it in the real world. You know...outside, beyond the net. I wish everyone could use the net for its actual use and not for what it has turned into, but in the end it will remain a wasteland of roadkill. Even I fall victim to this as I end up visiting multiple wrestling sites and I always end up trying to punch that damn monkey!

**CLICK THE CORRECT
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OPEN POSITIONS WITHIN LAMBDA PUBLICATIONS TO BE FILLED IMMEDIATELY

DEADLINE FOR APPLICATIONS IS JANUARY 20, 2000

Financial Director

Lambda is seeking to fill the Financial Director position from January to May of 2000 and then to continue on for next year (May 1, 2000 to April 30, 2001).

The position of Financial Director is a challenging one. Duties include all aspects of running a small business from human resources, accounting, finance, marketing and operations. The person is responsible for managing the cash-flow of our non-profit newspaper, supervising marketing staff and budgeting. Other specific duties include sharing executive decision-making with the Editor-in-Chief, helping with design and lay-out of advertising, invoicing clients, public relations and promotions, payroll (including T-4 preparation), paying bills and maintaining our contractual right and obligations with other business associates.

Candidates for this remunerated position are elected by the Board of Lambda Publications and are advised that the position requires a minimum of twenty-five hours per week. The successful candidate is responsible to the Editor-in-Chief and to the Board of Lambda Publications. The Financial Director's accounting is also verified by an independent accountant.

Knowledge, Skills and Abilities

- Must be a member of the Laurentian University community who has taken three business courses or who has related experience. Recommended business courses include accounting, economics, finance, marketing and relevant computer course. Related experience is defined by a working knowledge of accounting, forecasting, computers, budgeting, selling and marketing in the forms of advertising, distribution, and pricing.

Marketing Director

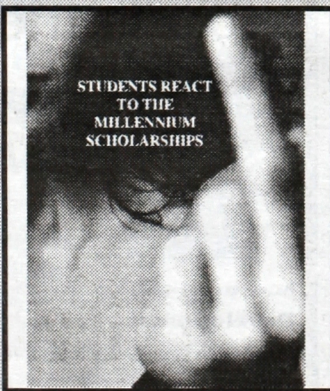
Lambda is seeking to fill the Marketing Director position from January to May of 2000. This position involves sales, both telephone and in field. This also includes the design and layout of the advertisements placed. The person is responsible for public relations and promotions and maintaining contractual rights and obligations with other business associates. An honorarium is paid plus 15% commission.

Specific Duties

- The main duty of the Marketing Director is to sell spaces for advertising in Lambda.
- Develop a product strategy (what Lambda can offer its advertisers), a distribution strategy (increase distribution throughout the city of Sudbury), and a pricing strategy (line rate, insert rates, color charges, creative charges and others) in coordination with the Financial Director.
- Deal with problem bills, accounts and advertisements.
- Marketing (i.e. readership, usefulness and awareness of Lambda)
- Must learn all aspects of the Financial Director's position (invoicing, payroll, budgeting and more).

Knowledge, Skills and Abilities

- Must be a member of the Laurentian University community who has taken three business courses or who has related experience. Recommended business courses include accounting, economics, finance, marketing and relevant computer course. Related experience is defined by a working knowledge of computers, selling and marketing in the forms of advertising and distribution.
- This position requires at least 10 - 15 hours a week.
- Must have access to transportation.



**Volume 38 -
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**Cover Design by:
Mat Thompson &
Natalie Dubniczky**

Lambda

**Copy Deadline:
Fridays at 12:30 pm**

**Editorial and General Meetings:
Fri. at 1:00 pm**

Students interested in these positions are asked to drop off a resume at the Lambda office on the third floor of the Student Centre or simply drop it in Campus Mail. A staff member will contact the student A.S.A.P. For more information, please leave a message at ext. 2403.

******NOTE: to all Commerce students, the Financial Director and Marketing Director positions qualify for the Laurentian School of Commerce Internship Program COMM 4995 for 6 credits.******

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They Say It's Your Birthday

by John Wozniak
Staff Writer

A friend of mine will be celebrating a birthday on January 21st. I am not the type of person who can easily decide on what to buy a person. This is partially due to the fact I am just not a very good shopper. This predicament is only made worse by the fact I do not buy serious gifts.

I have been mulling over a few options for gifts in my mind and I thought I might use this space to think out my ideas and decide on a gift. This may help you in the future if you ever encounter the same dilemma.

Now, since this friend of mine happens to be female I was thinking of sending roses to her home from an anonymous 'Secret Admirer'. This would be extremely funny because she is somewhat paranoid about these types of things. She even has mail sent to another address where she can pick it up because she does not want

some "freak" knowing where she lives. Then again, this might prove to be overly sadistic so I am not too sure about this one.

Alternatively, I was going to get a box from some uppity store and buy an inflatable sex doll to put inside. True, this is not original but it is still funny. The only problem with this is her parents, whom she still lives with (Poor girl!), might not find it to be so funny. So I am kind of iffy on this one also.

Another option I was considering was buying her a large bottle of liquor. This could be very advantageous to me since she does not drink (Smart girl!). I figure I could convince her to drink the liquor with me (i.e. I get to drink it and feel good that I did indeed give her a gift). The only problem with this is that she is intelligent and would probably see right through this ploy. Plus, it is sort of

lame and could backfire if she gives the bottle to someone else.

I suppose I could just break down and buy her a 'normal' present (AKA a boring present). I could go out and buy a CD or something of the sort. The major problem with this option is that I do not think it would be any fun. On the upside, it is easier.

Finally, I could simply get her a card and wish her a happy birthday. I often end up doing just this and feeling like a real louse. So I am trying to avoid doing 'just the card thing'. But if I can't decide pretty soon this will end up being the only option.

You can plainly see that I have quite a dilemma on my hands. What is a friend to do?! Hopefully I can make a decision very soon or it is going to be too late. Maybe she needs a pair of slippers or something.

Happy Birthday Tiger!!!

Get In The Ring

by Bryson McCarthy
Columnist

It's time to go after the big boys. This week I am going to go no-holds-barred on one of the biggest companies in the world Coca Cola. For what you might ask? Coke does so much for lighting every corner of the school with their beautifully lit pop machines. I am a little pissed that there are probably more pop machines on campus than there are students, and the fact that the machines never have my change, but that is just small potatoes compared to the total bullshit they pulled off this past week.

As most people have seen on TV, Coke has produced a very clever, and patriotic commercial where a bunch of kids are out on a pond playing hockey and they all stop to let a little girl sing O' Canada. Now I thought this spot was brilliant. I almost expected the tag line to be 'Coke, Here's Where We Get Canadian' but that has already been taken by the only other company that produces great patriotic advertising. So what's the problem? I love the commercial and I think it instills not only pride in our country and its national game, but it also makes hockey players like me remember those days of playing hockey out on a pond with my friends pretending to be Wayne Gretzky and Rocket Richard. My problem with the commercial is that fact that Coke created a totally different commercial for TV in Quebec!

Now one would figure that they would change the national anthem to the French version for Quebec television, but instead they made a totally different commercial. Instead of instilling patriotic pride Coke has bowed to the separatists and created a commercial showing the chil-

dren actually playing hockey with no anthem to be found. now I have seen the commercial and it is also a cool commercial, but come on! Why don't they just change the slogan from 'Always Coca-Cola' to 'Coke, Vie La Separation!'

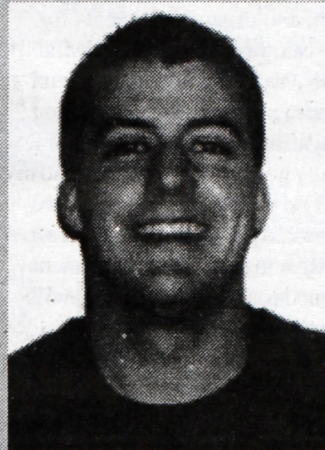
Now I don't want to get into all this separation crap, but why would Coke puss out so bad as to making a separate commercial just to appease a section of Quebec that isn't even a majority. Actually, I am going to get into all this separation crap. Coke is basically bending over and letting the separatists f*** it up the a**. Now is every commercial made for Canadian television going to have to have a Canadian English version and a bent over, ass-kissing separatist version? Coke has taken political correctness to a whole new level here. They have now added the stench of major Canadian politics into the already stupid world of political correctness. We already bow to so many special interest groups to make sure they aren't offended by our words and actions and now we have to make sure not to offend separatists? F*** them! F*** them then kick them in the a**. My pride in my country is not going to be diminished or made taboo by a self-centred, special interest group who is trying to bring my country down. Canadian pride is a great thing and for Coke to do this shows that they really don't understand the meaning of it. They showed they had a minor grasp on it with the non-separatist version of the commercial, but in the end they are just out to make as much money as they can without pissing off anyone. Well Coke, I'm pissed and so are a lot of true red and white Canadians.



Come on Coke, you may have appeased the less than 50% of Quebecers who think separation will make their lives better, but how about the rest of Canada? Have you ever thought about the rest of us? You put up your little machines on every corner, you make your cute little polar bear commercials, and you make a product that is consumed by a large percentage of the population for breakfast, lunch and dinner then you go and piss off the majority of Canadians. You make us mad and there is a damn good chance that Pepsi will be the choice of the new generation. I would like to see the advertising genius who came up with the idea for two separate commercials in the ring. He can bring his whole advertising team if he wants because I will bring my friends from every damn province in this great country and show them exactly what Canadian unity is all about! I would ask you to take your heads out of your asses, but then that could be seen as promoting separation, so just leave it up there because it will make it easier for me to kick you in the ass and head at the same time!

FACES IN THE CROWD

Q. HOW DO YOU FEEL ABOUT THE COMMERCE DEPARTMENT MOVING TO THE CITYCENTRE?



PARKER NEALE
(SPAD)

I disagree as do most SPAD students. It will screw up timetables for ALL students. I went to a meeting and many details were not worked out, but it all seems like a big hassle. Perhaps SPAD isn't being included



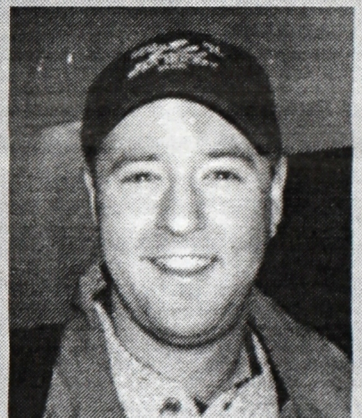
JASON PAQUETTE
(VP Commerce Council)

I think overall its a bad decision, although it might be good to give Commerce a distinction (from other programs). It may make it difficult to attract new students because it makes traveling in winter hard, elective classes a problem and difficulty for students in rez.



MATT WILSON
(commerce)

It's great for distinction, but it makes electives tough. People don't want to come to Laurentian in general and this may make commerce less attractive.



TED WARNER
(commerce)

It will be good for distinction, and okay for 3rd & 4th year students because they are independent, but it might make life hard for 1st and 2nd years. Commerce at Laurentian is already a good program but we need to sell it. We're riding the pine and need to get on the ice and score some goals.

One year will get you life.

...an exciting new life in the world of law. Post-secondary education or business experience is all you need to get into Humber's unique **Law Firm Profile** program. You'll get classes filled with practical, hands-on applications, and we'll place you into one of several of Ontario's most prominent law firms for 8 weeks of paid on-site training. All this is accomplished in only two semesters, so you don't have to do any unnecessary time. Call 416-675-5000 and get a (new) life.

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Students' general association
association générale des étudiants(e)s

Notes from the SGA

by Todd Bosak
V.P. Issues

The SGA will be participating in, and organizing events for, ACCESS 2000. ACCESS 2000 is the campaign by the Canadian Federation of Students to convince both the federal and provincial governments of the need for greater funding for education: a tuition freeze, a set of national standards for education, as well as the need for a true system of national grants.

The event, on February 2nd, will be held across Canada, and will involve thousands of students from coast to coast. In each community, students will be choosing ways to show the government that they are sick and tired of the status quo around education and will be demanding relief from high tuition and high debt.

Here at Laurentian, there will be activities on campus all morning followed in the afternoon by a march through the Sudbury downtown and an indoor rally. Please keep your eyes out for details about this important event. It is very important that we get lots of students out and therefore show the government that students need a break and need it soon.

by Paddy Blenkinsop
Counseling and Resource Centre

Welcome back! I hope you all had a good break.

This term there are a number of career issues for you at whatever stage you are in your university studies.

1st year Arts or Science. You should be thinking about what you are going to be doing as a Concentration next year. There is the academic side of that question, and to find answers and direction about your chosen program you should see your academic adviser. But there is also a larger question: what direction do you want to take in your career?

Final Year. I hope that you all have

Opinion Career Column

been doing some hard thinking about your future, and that career plans are well under way. If not, then this term is a time to get going on that project. Those of you in the midst of programs should not be idle either. There is always room for more assessment of the direction you want to take, or of the opportunities available in your chosen area. Planning your career, deciding about where you want to go in life, is an ongoing job and will be, I expect and hope, throughout your life.

Career Workshops

To help you with this the Counseling and Resource Centre is offering each week a workshop to help you in the process of charting your course. This

workshop was offered in the first term and attendance was good. The workshop will introduce the Strong Interest Inventory and Myers-Briggs tests, two tests designed to assist you in identifying your career goals. Following the workshop, and when the results come in, each participant will meet individually with a counselor to go over them.

Workshops are limited to ten people. You are invited to register at the Counseling and Resource Centre, Room L210, 2nd floor, Parker Building (673-6506). That is down the corridor past the bookstore.

Here's an opportunity to lay the foundation for your career, to begin to set your own direction.

This University Belongs to the Students

Scamming, Cheating Liars

Question: If you received a scholarship, do you think that it would mean that you would actually receive money. Further, would you assume that at the very least, you would not be worse off because of receiving the scholarship. These seem like silly questions until one looks at the Millennium Scholarship embezzlement plan that the Tory government has undertaken. (THAT'S RIGHT MIKE, EMBEZZLEMENT, SUE ME).

The federal government has undertaken to give 2 billion dollars to students and call it the Millennium Scholarship. In Ontario alone, over 10,000 students are receiving about \$3,000 each. Because of the fact that the province's control education ac-

cording to the constitution, it was decided that while the Feds were giving out the money, the provinces would decide how it was distributed, this is where it gets screwed up.

The government of Ontario decided that the money given to students would be deducted each year from the amount that a student owed. For example, if a student borrows \$10,000 in a year, the Millennium Scholarship would mean that the student would only be credited with owing \$7,000. Sound good, well not really. The reality is that the government automatically forgives any amount over \$7000 anyways so the government is actually using the scholarship to write off debt that would not be there anyways. Wait it gets worse. The reality is also that a

scholarship counts as income so it must be claimed on taxes. That's right folks, in a best case scenario this scholarship means nothing, in a word, it means that students will pay more taxes or receive less of a rebate. The Bastards!

What do we do? well sending it back and saying no thanks is an option but another option is filling the streets in Sudbury on February 2nd, and send a real message to these dishonest, truly ugly human beings. We may take a long time to win this fight but one thing for sure, we can point out to everyone who will listen that this scholarship is a scam and that the only true way to provide relief for students is through tuition reduction.

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SERVICE

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- Parcel Delivery
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Hurt Yourself Playing a Sport This Weekend? Twist Your Ankle Walking Home From the Pub?

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We Offer:
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& Rehabilitation
For ALL Active Individuals

The clinic hours are:
Monday and Friday 9am to 4:30pm
Tuesday - Thursday 11:30am to 7pm

For more information, or to book an appointment,
call 675-1151, ext. 1031

Students: Summer Jobs!

NSERC Undergraduate Research Awards

The National Sciences and Engineering Research Council of Canada is again sponsoring summer research awards for undergraduate students.

Students can work under NSERC-recipient faculty members over the summer, and gain experience at research in their laboratories. Total pay is around \$5000 for the summer, depending on the duration of the employment.

Students must have a B average to apply for these awards, must be Canadian Citizens, must be enrolled full-time, and must be going into their second year or later of University. Students enrolled in a graduate program are not eligible to apply.

Women are particularly encouraged to apply for the awards, since NSERC is requesting a gender balance of applications. Laurentian University has a quota of 16 awards this year. More information and application forms are available at the Student awards Office, P-111, 675-6578, or ext. 3050.

Deadline for applications is February 4, 2000.

TO CELEBRATE CHRISTIAN UNITY WEEK Campus Ministry will be holding an INTERDENOMINATIONAL CELEBRATION

Where: Canisius Hall - University of Sudbury

When: Fri., Jan. 28th @ 7:00pm

Sing, Sing, Sing with a Swing

The Laurentian Christian Fellowship will lead the singing.

Come Celebrate!

ELGIN MISSION

Tuesday, January 25, 2000, 7:30pm

Come and be a part of the Elgin Street Mission
and work with friends in a mission of life!
Come serve soup, toast and coffee to people in need
and listen to their stories. We go in small groups.

Please contact Gisèle Demers @ 673-8436
or The chaplains' Office, rm. L-226

VISIT TO CECIL FACER CORRECTIONAL CENTRE

Thursday, January 27th at 7pm

A Time to Support young Offenders During Their Sentence.
For more information, contact Gisèle Demers at 673-5661

An Oasis

Each day at 12:15pm in the Round Chapel at the University of Sudbury, a few students, faculty and staff gather to hear the Word of God and celebrate the Eucharist. Take a few minutes out of your lunch hour to put a new harmony in your day by letting God be at the centre of your life. Welcome!

Mass Times

Weekdays:

(French & English) 12:15pm

Weekends:

Saturday (English) 5:00pm

Sunday (French) 5:00pm

Sunday (Bilingual) 10:30am

LU DE-CLASSIFIEDS

FOR SALE

Swords For Sale. Conan style as well as oriental. All true steel, all quality. Starting at \$75 - \$200. Call Joel @ 671-4714

WANTED

Wanted: Filthiest, Nastiest Dogs e'er to roam LU's halls for scurvey pirate crew for plundering and pilaging.
Send evil resumé c/o Cap'n Aaargh

Wanted: MORE DE-CLASSIFIEDS!!!

Just fill out the form below and
get your free classified!

Take advantage of it while you can LU!

MESSAGE BOARD

THANK YOU

Thank you to the Bookstore Staff for the great support to the Laurentian University Food Bank. Not only do they provide personal financial contributions, but they invite students coming to the Bookstore to leave change in a box for the Food Bank. Altogether, two hundred and fifteen dollars is available for students in need of food. Students in need should visit the Food Bank on Student Street in local G-7 or its extension at the SGA Office.

Merci, Ronald Perron, s.j.

FREE CLASSIFIEDS!!
SEE BELOW

FREE CLASSIFIED ADS FOR LU STUDENTS!

All you have to do is fill out this card and drop it off to the Lambda office at SCE 301 or drop the form into the campus mail in an envelope marked "LAMBDA" and we will run the ad, 25 words or less, for two to three weeks. Sell old books, furniture or any other junk you may have, leave messages for your friends or ask for help in any field of study. It doesn't matter because this is your own classified section!

AD: _____

NAME: _____

ID NUMBER: _____

CHIEF RETURNING OFFICER REQUIRED

NOMINATIONS FOR THIS POSITION
FOR THE UPCOMING SGA ELECTIONS
WILL BE ACCEPTED AT THE
SGA OFFICE SCE212 FROM JAN.13/00
TO JAN.25/00 AT 4PM.
MUST BE AN SGA MEMBER AND
LETTER OF INTENT
ADDRESSED TO JAMIE WYLIE.
PAID POSITION

SGA
AGE

POSTE À COMBLER PRÉSIDENT(E) D'ÉLECTIONS

LES NOMINATIONS POUR CE POSTE POUR
LES PROCHAINES ÉLECTIONS DE L'AGE SERONT
ACCEPTÉES DU 13 JANVIER/00 AU
25 JANVIER/00 À 16H00 AU BUREAU DE
L'AGE, SALLE SCE212.
LES CANDIDAT(E)S DOIVENT ÊTRE MEMBRES
DE L'AGE. FAITES PARVENIR UNE LETTRE
D'INTENTION À JAMIE WYLIE.
POSTE RENUMÉRER.

LAURENTIAN CHRISTIAN FELLOWSHIP

Come and Check Us Out. Everyone is Welcome!
When: Every Friday Evening at 7:00pm
Where: TV Lounge on the 2nd Floor of the Student Centre
What: Fun & Fellowship with a Christian Message

Classified

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Le coin insensé

Le processus de révision de rapports par la direction

Question : Combien de pieds ont-elles, les souris?

Réponse originale : Les souris ont chacune quatre pieds.

Commentaire de la direction : Élaborez.

Révision 1 : Les souris ont chacune cinq appendices, dont quatre qui sont des pieds.

Commentaire de la direction : Manque d'explication du cinquième appendice.

Révision 2 : Les souris ont chacune cinq appendices. Quatre sont des pieds, et un est une queue.

Commentaire de la direction : Quoi? Des pieds sans jambes?

Révision 3 : Les souris ont chacune quatre jambes, quatre pieds et une queue.

Commentaire de la direction : Manque de clarté. Est-ce un total de 9 appendices?

Révision 4 : Les souris ont chacune quatre assemblages pied-jambe et un assemblage queue par corps.

Commentaire de la direction : Ceci ne réplique pas entièrement à la question.

Révision 5 : Chaque souris est munie de quatre jambes et d'une queue. Chaque jambe est munie d'un pied à l'extrémité opposé du corps; la queue n'est pas munie d'un pied.

Commentaire de la direction : Descriptive mais pas décisive.

Révision 6 : Chaque souris recevra :

QUATRE ASSEMBLAGES PIED-JAMBE, UNE QUEUE.

Aucune déviation de cette politique ne sera permise. Cela aura pour résultat le détournement d'assemblages qui se font déjà rares.

Commentaire de la direction : Trop autoritaire. Cela nuira à la créativité.

Révision 7 : Les souris ont chacune quatre pieds; chaque pied est relié à une petite jambe qui est, elle, reliée intégralement au sous-système structural de la souris. Également reliée au sous-système structural de la souris se trouve une petite queue qui sert uniquement comme décoration.

Commentaire de la direction : Trop de verbosité et trop scientifique. Répondez à la question.

Révision finale : Les souris ont chacune quatre pieds.

Commentaire de la direction : Approuvée.



Les Arts

Du 20 au 22 janvier, dans le cadre du quinzaine Desbiens, le TNO présentera *Les Cascadeurs de l'amour*, un récit poétique du poète franco-ontarien Patrice Desbiens. Ce spectacle est un récit poétique à la fois provoquant et touchant. C'est l'histoire d'un homme qui revit les moments marquants d'une relation amoureuse. Le passé et le présent s'entrechoquent au fil du récit poétique dans un langage mordant qui évoque des images à la fois troublantes et séduisantes.

Les Cascadeurs de l'amour se produira du 20 au 22 janvier, à 20 h, au TNO. Pour procurer des billets pour ces spectacles, présentez-vous au TNO ou appelez le 525-5606, poste 4.

Les banques de nourriture: Une industrie en croissance

par Gérald D. Woodard
Rédacteur francophone

Les temps sont difficiles pour les étudiants aujourd'hui. Rien ne démontre mieux ce fait que le besoin de plus en plus de banques de nourritures pour étudiants. La Laurentienne a témoigné récemment à deux nouveaux services de banque de nourriture. L'AEF et l'AGE ont, tous les deux, commencé à recevoir des dons de denrées afin d'alléger quelque peu une situation urgente. J'ai parlé cette semaine avec les présidents de ces deux associations ainsi qu'avec le bureau des résidences concernant ce besoin et la réaction et l'appui de la communauté laurentienne.

Nous vous fournissons l'information ici-bas non seulement comme reportage, mais aussi afin d'informer la population étudiante sur les ressources disponibles pour l'aider.

AEF

Selon Renée Dutrisac, présidente de l'AEF, l'association a commencé à recevoir des dons d'argent et de nourriture l'an passé dans l'espoir d'aider à la banque de nourriture qui existe déjà aux résidences. Pendant l'été, ils ont peinturé la boîte aux lettres qui se trouve maintenant devant leur bureau afin que les gens puissent faire des dons en tout temps. Elle affirme que l'Association avait regardé la possibilité d'établir leur propre banque, mais les dons n'étant pas suffisants pour le permettre, elle donne la nourriture et les fonds à la banque des résidences.

Mme Dutrisac dit que l'AEF reçoit des dons surtout lors des activités de l'Association, telle que le Franco-Pub qui a eu lieu au mois d'octobre. Lors de cette activité, on a demandé aux gens d'apporter un don de nourriture non-périssable qui serait alors donné à la banque de nourriture. La même pratique est courante dans plusieurs des activités de l'Association. Et, lors de la journée aux portes ouvertes, l'AEF servait de la liqueur et encourageait des dons en retour des services, dons qui étaient ensuite utilisés pour la banque de nourriture.

Mme Dutrisac dit que la demande est plus grande cette année que dans les années passées. « Plus d'étudiants viennent nous voir cette année pour demander où aller afin d'avoir de la nourriture. » Elle dit que beaucoup d'entre eux disent avoir besoin de juste un peu plus afin d'arriver.

RÉSIDENCES

La banque de nourriture des résidences existe déjà depuis plusieurs années et comporte plusieurs aspects. Selon Paulette Lafortune, du bureau des résidences, la banque fonctionne très bien. « Nous n'avons pas eu besoin de faire de campagne cette année » affirme-t-elle. Elle dit que la banque est bien soutenue par plusieurs

« Notre inquiétude principale a été pour les étudiants hors-campus... Nous voulions avoir quelque chose qui serait plus accessible aux étudiants qui ne savaient pas ou aller sur campus. »

-- Jamie Wylie, président AGE

activités.

L'une des activités s'agit de dons de fonds recueillis par la librairie. À cela s'ajoutent des dons faits lors d'activités des conseils de résidence et des dons acceptés en échange de billets pour des événements sportifs sur le campus. « Nous achetons des billets pour les événements sportifs, dit Mme Lafortune, et nous les donnons aux étudiants en échange de dons de nourriture. Ainsi nous donnons environ 2 000 billets chaque année. »

L'argent qui est ramassé par la banque de nourriture sert à acheter des cartes de repas qui sont fournies aux étudiants. Des cartes d'une valeur de 10 \$ sont fournies afin que l'étudiant puisse acheter des articles périssables, dont le lait, la margarine, etc., que la banque de nourriture ne peut pas garder sous main.

Mme Lafortune affirme que l'on a pas fait appel aux magasins de la région pour de l'aide. « Nous n'en avons pas besoin. Nous arrivons actuellement à bien répondre aux besoins des étudiants. »

Elle dit que c'est évident que le problème est pire cette année qu'auparavant. « À la fin du premier trimestre, beaucoup d'étudiants sont venus nous voir. Et nous en avons déjà eu ce trimestre-ci. Je trouve que cela n'est pas bon signe. » Elle dit que la demande tôt dans le trimestre est peut-être dû à un manque d'argent avant que les prêts étudiants n'arrivent.

La banque a eu des demandes tout le long du premier trimestre, ce qui sort de l'ordinaire. « D'habitude, nous avons des demandes au début septembre et ensuite ça recommence à la fin octobre. » On a aussi vu un nombre croissant de familles qui se présentaient cette année.

La banque dessert tous les étudiants de la Laurentienne y compris les étudiants hors-campus.

Quant aux limites, on dit que l'on essaie de limiter les demandes à 3 fois par trimestre. « Nous ne sommes pas ici pour fournir la nourriture pour toute l'année. Mais, ayant dit cela, nous n'avons jamais refusé de l'aide à quelqu'un. »

AGE

Cette année a vu la création d'une nouvelle banque de nourriture à l'AGE. Une boîte aux lettres a été placée devant le bureau de l'Association pour recevoir des dons, et on a aussi fait appel à des commerçants locaux qui n'aidaient pas déjà une autre banque. « La réponse à date a été fantastique, affirme Jamie Wylie,

président de l'AGE. « Pour quelque chose qui a commencé il y a seulement deux mois, la réponse a été très positive. »

« Notre inquiétude principale a été pour les étudiants hors-campus, affirme-t-il. Je ne sais pas s'ils se sentaient mal à l'aise à faire une demande auprès des résidences ou s'ils pensaient que ce n'était que pour les étudiants en résidence. Nous voulions avoir quelque chose qui serait plus accessible aux étudiants qui ne savaient pas ou aller sur campus. » Maintenant, il dit que l'on doit prendre le temps pour faire de la promotion afin que les gens soient au courant de la nouvelle banque.

M. Wylie dit qu'il y a bel et bien une croissance dans le besoin des étudiants. « On aime jamais voir un étudiant être obligé de faire appel à une banque de nourriture, mais nous savons qu'il y a des étudiants qui en ont besoin. Ce serait encourageant si plus d'étudiants l'utilisaient. »

Tout comme la banque aux résidences, M. Wylie dit que l'on essaie de limiter les demandes à deux ou trois fois par trimestre, mais affirme, lui aussi, que l'on ne refuse de l'aide à personne. « Si quelqu'un est obligé de venir plusieurs fois, dit-il, nous essayons de voir s'il y a autre façon de lui aider. Nous pouvons peut-être aider dans une demande de bourses. On ne devrait pas se fier à une banque de nourriture pendant l'année au complet. Il y a d'autres manières dont nous pouvons aider. »

Si vous vous trouvez dans le besoin, vous pouvez vous adresser soit à votre association étudiante, soit au bureau des résidences. Il y a également plusieurs banques de nourritures dans la communauté sudburoise. Le besoin croissant de banques de nourriture est un commentaire triste sur la situation étudiante dans notre pays, mais n'importe qui ne devrait sentir gêné.

Tous les dons de denrées sont acceptés au bureau de l'AEF, l'AGE et au bureau des résidences.

Franco-Lambda

L'usage Français

Cette rubrique est consacrée aux nuances de la langue française. Elle fournira, grâce à des extraits du **Langagier** du Département de Français, des clarifications sur l'usage, correct et incorrect, de certains mots et combinaisons de mots. Ici, on retrouvera aussi, parfois, de petits jeux de mots pour vous amuser. Si vous avez des mots sur lesquels vous voulez être éclairés, faites-les parvenir au **Franco-Lambda** ou au **Langagier** (Département de Français). Nous voulons remercier le rédacteur du **Langagier**, le Docteur Pascal Sabourin, pour sa coopération.

Les Anglicismes

Depuis sa création, **Le Langagier** fait la cueillette des anglicismes les plus souvent entendus ou lus à l'Université Laurentienne. Afin d'aider les lecteurs et lectrices à franciser certains usages, **le Langagier** ouvre une nouvelle rubrique qui paraîtra périodiquement. Pour chacun des cas, nous donnons d'abord l'anglicisme, puis l'équivalent français, suivi d'une brève explication.

Année académique

— année universitaire,

scolaire

Académique, dans son sens strict, ne s'applique qu'aux questions relatives aux académies. Cependant, c'est aussi un régionalisme rencontré en Belgique, en Suisse et au Canada. **Le Langagier** suggère l'emploi du terme correct, **année universitaire**, tout en notant que **année académique** est effectivement un régionalisme qu'on peut se permettre en situation non surveillée.

Appliquer pour un emploi

— Faire une demande d'emploi

— Postuler, solliciter un emploi

Appliquer a d'abord un sens concret en français : appliquer un pansement, une couche de peinture, etc. Le terme a aussi plusieurs sens figurés : appliquer un traitement, une formule, une loi. Mais il n'a jamais le sens de demander quelque chose. Selon une même logique, le terme **application** (pour désigner le document servant à faire une demande d'emploi) est un anglicisme qu'il faut écarter. Comme **appliquer**, le terme **application** a un sens concret (application d'une pommade, de dentelles, etc.), et plusieurs sens figurés (appli-

cation d'une loi, d'un procédé, application au travail, etc.), mais le terme ne désigne jamais le document servant à postuler un emploi. On dira plutôt : une **demande d'emploi**, un **formulaire** de demande. Souvenez-vous : vous pouvez toujours **appliquer** un coup de poing au visage de celui qui vous refuse un emploi, mais ne songez surtout plus à «**appliquer pour**» un emploi à cet endroit!

Appointement (avoir, faire)

— Donner, fixer, prendre rendez-vous

Le terme **appointements** (plur.) Existe bien en français moderne, mais seulement dans le sens de salaire, rétribution. L'anglais **appointment** (vous vous en doutez!) a été emprunté du français à l'époque où **appointment** signifiait «s'accomoder, faire un arrangement». Comme on le constate ici, «faire un arrangement» n'est pas loin du sens anglais moderne : «an arrangement to meet someone at a specified time». Mais le vieux terme français **appointment** a perdu le sens «d'arrangement, de convention entre deux partis» (avant 1527), sauf en ce qui concerne un salaire, des gages.

La réalité des Bourses du millénaire

par **Gérald D. Woodard**
Rédacteur francophone

Mardi passé, les associations étudiantes de la Laurentienne ont tenu une conférence de presse pour révéler ce qui est la réalité décevante des Bourses du millénaire du gouvernement fédéral.

Deux étudiants de la Laurentienne ont déclaré leur intention de refuser la bourse qu'ils avaient reçu de la fondation qui gère les Bourses du millénaire. Ils ont pris leur décision après s'être rendu compte de la réalité de ce qui arrive avec ces bourses.

Dans la lettre que reçoivent les étudiants récipiendaires de bourses, on indique que le montant, quelque 3 000 \$, serait versé à l'université pour réduire la dette globale de l'étudiant. Après avoir posé quelques questions, les étudiants ont pu savoir que le montant est remis au gouvernement provincial qui, à son tour, l'utilise pour réduire la dette... sa dette.

En fait, le gouvernement ap-

plique les fonds non à la partie des prêts étudiants que paie l'étudiant, mais plutôt à la partie du prêt que le gouvernement assume. Donc, la réalité c'est que l'étudiant ne profite aucunement de cette bourse. Même il se peut qu'ils soient obligés de payer des impôts sur le montant "reçu".

Selon Sarah Dean, étudiante en traduction à la Laurentienne, ceci équivaut à une fraude de la part du gouvernement Harris. Elle dit que la façon dont Queen's Park utilise ces fonds ne se conforme pas aux objectifs des Bourses du millénaire. Elle envoie une lettre au Directeur exécutif de la Fondation des Bourses du millénaire pour refuser la bourse et pour demander une enquête sur les actions du gouvernement Harris.

Nous allons publier, la semaine prochaine, un reportage plus approfondi sur cette question afin d'informer nos lecteurs. Si vous avez reçu une de ces bourses, nous aimerions entendre vos idées sur la situation.

Emplois d'été pour la population étudiante

Bourses de recherche (1er cycle) en milieu universitaire du CRSNG

Le Conseil de recherches en sciences naturelles et en génie du Canada offre de nouveau à la population étudiante de 1er cycle des bourses de recherche sous forme d'emploi d'été.

Les membres de la population étudiante travailleront durant l'été sous la direction de membres du corps professoral qui reçoivent des fonds du CRSNG, acquerront de l'expérience dans leurs laboratoires et pourront toucher, selon la durée de l'emploi, la somme d'environ 5 000\$.

Pour être admissible à une bourse, la personne doit conserver une moyenne cumulative minimale de "B", être citoyenne canadienne et entreprendre à plein temps la 2e année, au moins, d'un programme

universitaire. Les personnes inscrites à un programme d'études supérieures n'ont pas droit à cette bourse.

Nous incitons les femmes à présenter une demande, car le CRSNG tient à recevoir un nombre égal de demandes d'hommes et de femmes.

L'Université Laurentienne accordera, cette année, un total de seize bourses.

Vous pouvez obtenir des informations et des formulaires de demande en communiquant avec le Bureau d'aide financière (P-111) au 675-6578 ou au poste 3050. Il est aussi possible d'obtenir des formulaires de demande au site du CRSNG à www.nserc.ca/forms/formtable_f.htm

Date limite : le 4 février

TNO

Desbiens à son meilleur

par **Gérald D. Woodard**
Rédacteur francophone

Je suis nouveau à la scène culturelle de l'Ontario français. Mais mon initiation a été plus qu'agréable. La semaine passée, j'ai eu le plaisir d'assister à la présentation de *Quand les mots viennent du Nord* au Théâtre du Nouvel-Ontario. Je connaissais déjà le nom de Patrice Desbiens, mais je ne connaissais pas beaucoup ses oeuvres.

La présentation de deux textes poétiques, *Un Pépin de pommes sur un poêle à bois* et *La Fissure de la fiction*, a été pour moi un grand reveil. C'était une présentation émouvante qui a évoqué toutes les émotions possibles.

Le premier des deux textes

était l'histoire d'un homme qui évoquait la mémoire de sa mère qui était décédée. Il dit qu'il s'habillait "du manteau de la mémoire" de sa mère, qu'il était "présent dans le passé".

Comme j'ai vécu la perte de ma mère il y a quelques années, l'histoire m'a personnellement touché profondément. L'évocation de mémoires d'enfances, à la fois bonnes et mauvaises, est de quoi toucher le coeur de toute personne. J'ai rit, j'ai été triste, en fait j'ai vécu une gamme d'émotions.

Le deuxième texte, *La fissure de la fiction*, est l'histoire d'un poète qui veut écrire de la fiction, mais qui ne réussit pas. Il rencontre de l'opposition des gens autour de lui et

de lui-même.

Les effets spéciaux de la pièce étaient très bien réussis et, souvent, surprenants. Malgré une situation qui était, pour le personnage, stressante, les spectateurs ont profité d'une pièce qui était plutôt rigolante.

L'interprète Alain Doom a livré une performance incroyable et passionnée. Il a fait vivre les émotions du poète aux spectateurs et, personnellement, je suis sortie de la salle avec le désir de connaître davantage la poésie de Desbiens. On me dit que l'on veut faire reproduire ce spectacle l'an prochain. Si vous l'avez manqué cette fois-ci, je vous encourage à le marquer dans vos agendas pour la prochaine fois. Vous n'allez pas le regretter.

Ecole de Médecine pour le Nord

Gérald D. Woodard
Rédacteur francophone

Le Dr Robert McKendry, chargé en juillet 1999 par Elizabeth Witmer, ministre de la Santé et des Soins de longue durée, de faire enquête sur les questions de réserve et de répartition des médecins en Ontario, a publié récemment son rapport sur cette enquête, rapport qui comprend toute une gamme de recommandations visant à apporter des solutions dans les régions insuffisamment desservies.

Parmi les solutions à long terme que suggère le Dr McKendry pour répondre à la pénurie chronique de médecins expérimentés dans les régions rurales et du Nord c'est la création d'une nouvelle école de médecine dont la mission serait de recruter et de former les étudiants pour travailler spécialement dans ces

régions. Le succès bien connu des programmes actuels de formation clinique, assurés à Sudbury par la Société médicale du Nord-Ontario, et à Thunder Bay par le Programme de médecine du nord-ouest de l'Ontario, que suivent des résidents en médecine familiale, des étudiants qui suivent des cours au choix et des résidents qui se spécialisent, justifierait la création d'un programme de médecine du premier cycle. Le Dr McKendry recommande que cette école soit située dans le Nord-Ontario et qu'elle soit implantée aux universités Laurentienne et Lakehead.

Les diverses recommandations du rapport, ainsi que la façon dont elles pourraient être mises en oeuvre, seront étudiées par un groupe d'experts nommés par la ministre Witmer. Le groupe devra

examiner, en particulier, la faisabilité d'établir une nouvelle école de médecine dans le Nord-Ontario. Il devrait remettre ses conclusions d'ici le mois de juillet.

L'Université Laurentienne se réjouit des recommandations du Dr McKendry. L'idée d'avoir une école de médecine pour répondre aux besoins de la population du nord et des zones rurales fait depuis longtemps partie des perspectives de développement de la région. Selon M. Geoffrey Tesson, directeur général des initiatives en matière de santé à la Laurentienne, ceci est «une excellente ouverture pour l'Université Laurentienne et le Nord-Ontario. Nous nous ferons un plaisir de collaborer avec les partenaires de la santé de la collectivité et nos collègues de l'Université Lakehead pour convaincre le groupe d'experts.»

Concours de rédaction du recteur

L'Université Laurentienne offre à nouveau à ses étudiants la chance de mettre à l'épreuve leurs talents d'écrivains et de penseurs en participant au Concours de rédaction du recteur. Cette année, le sujet à développer est le suivant : « Le changement de millénaire signifie-t-il quelque chose? »

Comme par le passé, le Prix d'excellence du recteur sera formé de deux concours, un pour les rédactions en français et le second pour celles en anglais. Les deux premiers prix seront de 2 500\$ tandis que les deux deuxième prix seront de 1 000\$. Le recteur de l'Université, M. Jean Watters, espère que l'originalité du sujet incitera plusieurs étudiants à rédiger une composition.

Les étudiants intéressés à participer au concours sont priés de noter qu'il est nécessaire d'être citoyens canadiens, d'être inscrit à un programme de premier cycle offert sur le campus de l'Université

Laurentienne au cours de l'année universitaire 1999-2000, de se procurer un formulaire de candidature au Centre de rédaction universitaire de la Laurentienne, à la salle A-121 de l'Édifice des arts, et de rédiger une composition de grand calibre (de 4 500 mots au maximum) à soumettre le 1er mars 2000 au plus tard.

L'attribution des prix du concours de rédaction est possible grâce au Fonds de la bienfaisance du Foyer pour garçons du district de Sudbury. Cette maison a cessé ses activités en 1982. Ses avoirs ont été réunis dans un fonds de bienfaisance et distribués parmi plusieurs institutions locales, dont l'Université Laurentienne.

Pour obtenir de plus amples renseignements, veuillez communiquer avec Mme Joscelyne Meilleur, coordinatrice du Centre de rédaction universitaire de l'Université Laurentienne, au (705) 675-1151, poste 4111.

Feature: Cool...Cold...Colder...

FREEZING

Confessions



of a Cold Person

by Derek Serafini
Features Editor

I was walking down to the pit last week and I was thinking to myself about what we could do for this week's feature. As the skin on my cheeks began to freeze and the material in my nose began to loosen, I couldn't help but remark to myself, "my God, it's cold today." I kept walking down and looking around...and getting colder by the minute. I was thinking about my diesel-powered 1986 Volkswagen Jetta and wondering if it would start. In the back of my mind, I was making arrangements to get a boost (diesel engines and cold don't like each other very much). And, as I kept walking, I wondered, if aliens were to come to Earth today and they asked what the definition of cold was, I would have looked around me and said, "this...this is cold."

Most of us absolutely hate it when Americans stereotype our country as a vast frozen tundra where people commute via dogsled and live in quaint, little, igloos. At least I usually take exception to that idea. But, the more I look at it, the more I see their point. For, Canadian winters are cold. No, they're freezing cold.

I really dislike the cold. If I had to be executed, I'd choose burning over freezing. I'll take tea over iced tea. I prefer sweat to goosebumps. There is something so ominous, something so eerie, about the cold. I don't trust it. I'm one of those people you see on campus bundled up in a heavy coat, toque, gloves, turtleneck and scarf, and still complain that it's cold. I have these hands of ice that people who know me watch closely as I walk into a room because if their guard's down, my hands will inevitably find a warm area on their body. I use an electric blanket each night. When camping in the summer, I'm always the one bundled up in his sleeping bag at night with a toque while everybody else is sprawled out in shorts.

Someone recently called me a "cold person." I don't know about that. I'll take warmth over coolness almost all the time. I'll take a day by the fireplace reading over a day out snowshoeing in the winter wilderness. But, I don't think that I'm a cold person.

In fact, I think I'm a warm person. I'm a warm person because I prefer the heat. Cold people like the cold. I know plenty of cold people. But me, I'm a warm guy.

It's weird though as I'm a northern Ontario boy born and bred. I spent my youth sliding and skating and making snow forts and having snowball fights. I can vividly remember those days when I gladly went out at night in -30 weather to play. Back then, I liked my showers on the cooler side. Back then, I always added ice to my soup. When I was a younger person, the cold was a good thing. It was my companion.

But, how times have changed. The other night I was dreaming about summer and its inherent warmth. I closed my eyes and saw the endless beaches and the sun and the sandles and it made me smile. I just purchased some skis to enjoy the cold winter even more. But, in truth, as fun as it is, give me summer as soon as possible.

Because cold just does not do it for me anymore. It produces snot and shrinkage and cold hands and I don't like those things. I prefer sun and sand and...that smell. You know, the smell of summer - the flowers and the grass and sunblock - and warmth. If your nose isn't clogged up, smell the winter air sometime. It smells like nothing. It is empty and...just plain...cold. I don't like that smell.

I suppose that there's an argument to be made for how the coldness allows me to enjoy warm things even more. I mean, for warmth to exist, there must be cold. Without this cold, I wouldn't know how wonderful warmth is. And, I suppose, if there's one thing for me to be grateful to the cold for, it's that it just makes warmth so much better.

But, I will not bow down to the cold. I will fight it forever and always seek those things that are warm. I like ice cream and I like fruits and vegetables and beer (can't forget that) cold. Besides that, give me a meal of chili on a beach in Fiji and keep refilling my tea. Because cold...Cold just sucks.

This is a feature about those things that are cold and those things that occur in a cold environment. It is not an expose, it is not a tribute. After feeling like I would freeze to death last week, coldness is now the only thing I can think about. So, in this feature, we are going to acknowledge the presence of cold. And, in doing so, I hope I can get it off my mind and truly become the warm person I believe I am.

Ice Cream History and Solklore

Most of the following material has been extracted from "The History of Ice Cream", written by the International Association of Ice Cream Manufacturers (IAICM), Washington DC, 1978. As you will note below, however, much of the early history of ice cream remains unproven folklore.

Once upon a time, hundreds of years ago, Charles I of England hosted a sumptuous state banquet for many of his friends and family. The meal, consisting of many delicacies of the day, had been simply superb but the "coup de grace" was yet to come. After much preparation, the King's french chef had concocted an apparently new dish. It was cold and resembled fresh-fallen snow but was much creamier and sweeter than any other after-dinner dessert. The guests were delighted, as was Charles, who summoned the cook and asked him not to divulge the recipe for his frozen cream. The King wanted the delicacy to be served only at the Royal table and offered the cook 500 pounds a year to keep it that way. Sometime later, however, poor Charles fell into disfavour with his people and was beheaded in 1649. But by that time, the secret of the frozen cream remained a secret no more. The cook, named DeMirco, had not kept his promise.

This story is just one of many of the fascinating tales which surround the evolution of our country's most popular dessert, ice cream. It is likely that ice cream was not invented, but rather came to be over years of similar efforts. Indeed, the Roman Emperor Nero Claudius Caesar is said to have sent slaves to the mountains to bring snow and ice to cool and freeze the fruit drinks he was so fond of. Centuries later, the Italian Marco Polo returned from his famous journey to the Far East with a recipe for making

water ices resembling modern day sherbets.

A newly published book, by Caroline Liddell and Robin Weir, *Ices: The Definitive Guide*, publ. by Hodder and Stoughton, 1993, ISBN 0-340-58335-5, suggests that the historical basis of these tales is skeptical.

What follows is from the opening of the first chapter of their book:

Most books are full of myths about the history of ice cream. According to popular accounts, Marco Polo (1254-1324) saw ice creams being made during his trip to China, and on his return, introduced them to Italy. The myth continues with the Italian chefs of the you Catherine de' Medici taking this magical dish to France when she went there in 1533 to marry the Duc d'Orleans, with Charles I rewarding his own ice-cream maker with a lifetime pension on condition that he did not divulge his secret recipe to anyone, thereby keeping ice cream as a royal prerogative.

Unfortunately, there is no historical evidence to support any of these stories. They would appear to be purely the creation of imaginative nineteenth-century ice-cream makers and vendors. Indeed, we have found no mention of any of these stories before the nineteenth century.

They go on to refute the claims about Marco Polo, Catherine de' Medici, and Charles I (in particular, while the IAICM reference credits DeMirco as the Charles I chef, apparently while other various sources credit 10 different men, there are no records of such a pension being paid to any of Charles I's cooks).

They do go on in their book to discuss history for which there is a record, with (I think) the earliest written record being something made in China.

In 1774, a caterer named Phillip Lenzi announced in a New York newspaper that he had just arrived from London and would be offering for sale various confections, including ice cream. Dolly Madison, wife of U.S. President James Madison, served ice cream at her husband's Inaugural Ball in 1813.

The first improvement in the manufacture of ice cream (from the handmade way in a large bowl) was given to us by a New Jersey woman, Nancy Johnson, who in 1846 invented the hand-cranked freezer. This device is still familiar to many. By turning the freezer handle, they agitated a container of ice cream mix in a bed of salt and ice until the mix was frozen. Because Nancy Johnson lacked the foresight to have her invention patented, her name does not appear on the patent records. A similar type of freezer was, however, patented on May 30, 1848, by a Mr. Young who at least had the courtesy to call it the "Johnson Patent Ice Cream Freezer".

Commercial production was begun in North America in Baltimore, Maryland, 1851, by Mr. Jacob Fussell, now known as the father of the American ice cream industry.

About 1926 the first commercially-successful continuous process freezer was perfected. The continuous freezer, developed by Clarence Vogt, and later ones produced by other manufacturers, has allowed the ice cream industry to become a mass producer of its product.

The first Canadian to start selling ice cream was Thomas Webb of Toronto, a confectioner, around 1850. William Neilson produced his first commercial batch of ice cream on Gladstone Ave. in Toronto in 1893, and his company produced ice cream at that location for close to 100 years.

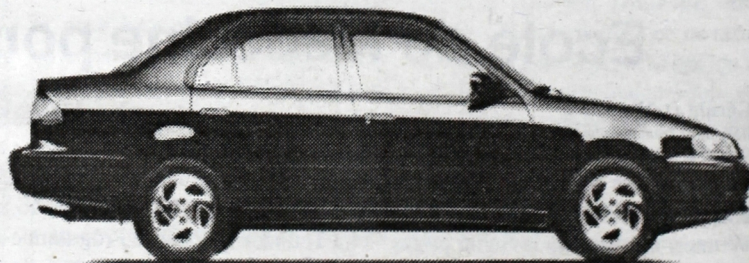
Extreme Driving

by Julie Murphy
asst features editor

I love driving. Days of Thunder with Tom Cruise is my all time favorite movie. And so driving is one of the very few things I like about winter, I drive this piece of crap (it will die tomorrow just because I said that) and I'm really not afraid of hurting it. And yes, I am one of those annoyig people that thinks my car has a personality. The car hates me, it really does. It only dies when I'm driving it, and then when its dead on the side of the road, my dad will come to help me and it will start right up. The car literally hates me.

But anyway, as crappy as my car is, it's still fun to drive in the winter. I've always wanted to be in one of those demolition derbies, just crashing up a car and ramming into everyone. The only thing better than this would be having a derby in the winter time. That would kick some serious ass!

Another great thing about win-



ter driving is the fact that you feel as though you are off-roading all the time. Whether I'm driving down Ramsey Lake Road, or pulling into my driveway, I always feel as though I'm driving some nice four-wheel drive through the bush. Pull into the Pit and its like a cool Nintendo game. You combine Tetris with ice, throw you start to realize why you chose to go to Laurentian. To learn how to park! Oh the life of a University student.

I also love doing donuts with

my car. Of course, they have to be backwards donuts because my car is frontwheel drive, but it is still a blast. The roads are just perfect for emergency brake burnouts.

Winter is also very spontaneous. Each day you get up and look out the window to see what has been happening all night while you were sleeping. Maybe today the roads will be icy, or perhaps there is a layer of fresh snow just waiting for me! With winter you never know what will happen. It's exciting. It's adventurous! Its extreme driving!

All Natural Alternatives to Fighting Colds and Flus

by Sarah Hamelin
Staff Writer

It's a common known fact that the only thing worse than having a cold itself is the over the counter medicine that you buy to treat it. It not only tastes horrible, but for the most part doesn't even work that well. Hence for the most part, I've strayed away from common remedies and returned to my roots, so to speak. Instead of wasting 7 bucks on cough medicine that won't really help, I prepare a cup of tea with the right mixture of herbs that gets rid of my symptoms within the hour. So here's a list of most of the teas that I blend to get rid of my ailments. Some can however be bitter to taste, but do avoid putting sugar into them, and use honey instead.

Fevers:

- Adding coriander to boiling water creates a tea that helps to combat a fever; sprinkling basil leaves into this is said to fortify the tea.

- Blackberry tea au naturel is said to work the same way as the coriander/basil mixture, and possesses a much better taste to it.

Headache:

- Mint or peppermint tea helps clear up headaches quickly by adding 1 tsp of the dried leaves to a cup of water and letting sit for a few minutes. After filtering, sprinkle some ginger into it to fight those killer-they-must-be-a-migraine headaches for an added boost. The plus of this is that mint teas carry a great taste to it and need little flavoring added.

- Combining a half tsp of rosemary with a half tsp of sage in a cup of water is said to also create a tea that will gradually remove headaches, carrying a not so bad taste, but still worse than any mint tea.

Aches, Pains:

For aches and pains, baths tend to be more beneficial than a cup of tea itself. However if you lack a bathtub, then combining them in a tea works reasonably well. To use in a bath, purchase some cheesecloth and add a handful of each herb into the center of a square piece of it. Bunch it up and attach an elastic or string around the top to ensure its closed, then hang it from the faucet under the stream of running water.

- Sage and strawberry leaves combined make a nice bath that carries a very pleasant smell to it.

- A comfrey-bath is said however to work better than the previous one, though not smelling as well will work faster.

Stuffy nose:

- Boiling a teapot full of water, adding 5 bay leaves, and then drinking the mixture is said to help clear up your sinuses.

- Mint tea can clear up a stuffy nose, but only after a few cups.

Sore throat:

- The age old remedy of lemon tea with honey added actually does work. If you want to prepare your own lemon tea, just grate some lemon peel and add it, or buy dried lemon peel to save yourself the sore knuckles.

Cough:

- My favorite tea to cure a cough is sage tea. Adding a tsp of dried sage to a cup of water, filtering, and then drinking gets rid of it rather quickly. No honey is needed since the tea itself tastes rather good on its own.

- Comfrey tea, prepared in the same manner, works as well, but in my opinion doesn't taste as good.

Nausea:

- Peppermint tea with allspice sprinkled into it not only tastes yummy, but gets rid of a sore stomach almost immediately.

- Another alternative is catnip tea, sprinkled with ginger afterwards. Also tasty, but not so much as the first, and a strong alternative.

If you're not a tea person (which I can understand), or if you want other suggestions, most of the time the simplest answer is the right one. When our folks told us as kids to get lots of rest, it's true. Sleeping is pretty much your best weapon against a cold or flu, hence the key is trying to get as much in as possible around your busy academic schedule. If you want a tea that will knock you out quick, then try mixing two of catnip, raspberry leaves, and/or chamomile together, catnip and raspberry leaves is the strongest. Be warned though, if you have an allergy to ragweed to be wary of chamomile since it is a member of the ragweed family apparently. Important thing to remember with these teas is to filter them before you drink them. Dried leaves are not tasty, despite what you may think. Either you can go waste money on a filter with extremely small holes so none slip through, or you could improvise by securing paper towels over the container holding your mixture with an elastic, then pour it in. All flavor of the tea, without the gritty texture of the herbs.

So, eat lots of chicken soup broth, drink orange juice and other citrus juices, pop vitamin C tablets and echinacea pills in moderated doses, and sleep sleep sleep. That's my two cents on how to beat the bugs this season.



Cold, Flu, What's the Difference?

by Sarah Hamelin
Staff Writer

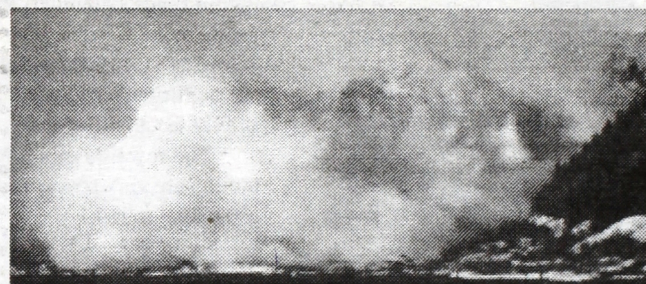
You wake up in the morning, and even more so than usual you just don't feel like getting out of bed. It's not the impending lecture, or test, or that 3000 word essay that you haven't started yet that is due in 3 hours. It's the grogginess, the nausea, the overall sense of .. well, ickiness. You don't know what it is, all you know is you feel awful, and at the moment want nothing more than death to your alarm clock. So after smacking it around a bit you roll out of bed and make way to wherever you keep your pills and syrups, and try popping a few Tylenol. But to no avail, the symptoms stay. Well, the thing to do here is first of all figure out what the hell you have. Believe it or not, a flu and a cold are not the same thing. Each one reacts differently on your body, and gives you signs of which ever you may possibly have. Just like a doctor examines before prescribing, you have to examine yourself and determine which you have before trying to figure out which color syrup to devour first.

Okay so here's the basics on your colds. According to studies, children catch more colds than anyone else, averaging about 6 to 10 in one winter. Adults on the other hand average about 2 to 4 a year, but this rate is even higher for females (their reasoning is women are around children more than men .. nice image they paint). The cause of the common cold? Look onto thy enemy, it is no other than a tiny little microscopic virus. May seem harmless in size, but damn if it isn't powerful enough to knock anyone off their feet. There is said to be an overwhelming 200 viruses that can lead to your developing a cold. If you want names, then look for *Rhinovirus*, and *Coronavirus*; these two are the most commonly found causes for your cold, *Rhinovirus* itself having 110 different spe-

cies to attack you with. So now that you know what's in you, HOW do you know it's there? Well there are basic symptoms: slight aches and pains, periods of mild fatigue, stuffy nose, sneezing, sore throat, and a mild to moderate cough. Colds can typically go by without going to see a doctor, with the worst being serious sinus congestion or an earache, in which case you should go see a doctor as soon as possible. You can't really prevent getting a cold, the viruses are everywhere, on everything you touch, so unless you want to become a bubble boy/girl, or walk around in a decontamination suit, which in my opinion is probably not the best fashion statement to be making.

And on the other hand, we have influenza. The flu is that curse that comes along usually every year and contaminates about 95% of the population. Like colds, kids seem the most likely to catch the flu, typically catching it at school and then bringing it home with them (ironic how I make it sound like a show and tell thing) and share it with the rest of their family. This is an ingenious plot if you're trying to get even with your parents for that gameboy you asked for at Christmas and you never got. Nature's little revenge, transmittable by you. Like your common cold, the cause of so much distress is a virus, better known as the Influenza virus. There are three types of Influenza: A, B, and C .. complicated isn't it? Either way, there are three forms, which

I am not going to get into right now because, well, it could be lengthy. However it is sufficient to say that most of the breakouts of the flu in Canada are Influenza A related. So how exactly do you know you have it? Well simply enough, it carries almost opposite of colds. A rather high fever (between 102-104 F) that lasts for 3-4 days, rather painful headaches, constant aches and pains (sometimes rather severe), 2-3 days of weakness, extreme exhaustion, and a rather painful cough. Sometimes you can experience stuffy noses, sneezing, and sore throats, but for the most part they are more common in colds than influenza. Now, if you have the flu, see your doctor, the consequences are much more severe than an earache or congestion. If a flu remains properly untreated, it can develop into bronchitis or pneumonia. Herbal remedies can work against it, but for the most part antibiotics prescribed by a doctor (such as amantadine or rimantadine) within the first 24-48 hours of symptoms work. Of course there is a means of prevention, other than the pre-mentioned bubble person/decontamination suit thing. Flu shots are given out each year before flu season hits, which turn out to be the same antibiotics what would be prescribed if you are diagnosed with it anyway. So save yourself the headache and get the shot beforehand, it may be the best present you could ever give to yourself .. a winter free of bed rest and pill popping.



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Winter Running: Cold Bodies, Warm Hearts

The successful completion of a run on a cold, wintry day has its own unique rewards. Oh, the obvious disadvantages come to mind. That cold slap in the face courtesy of a 20 mph westerly wind and single digit temperature reading. Peeling off layers of perspiration-laden clothing quickly enough to avoid a post-workout chill. Such minor inconveniences are outweighed greatly by the physical and spiritual benefits which result from running in challenging conditions.

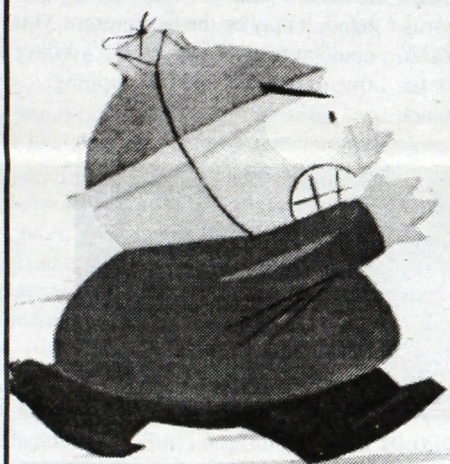
Even after more than two decades of running in New England, I remain unsure as to why the post run euphoria seems inversely related to the temperature and wind chill factor. The worse the weather, the more satisfied we are about our workout.

Perhaps in this day of thermostatically controlled this, and air conditioned that, the animal in us needs to know that we remain capable of surviving some exposure to Mother Nature's elements. Maybe we are more apt to appreciate the warmth and security of a home after spending an hour or so outside, deprived of comforts we take for granted.

There exists a special kinship among winter runners. The temperature is colder, but hearts seem warmer. Runners who pass each other in cold weather always exchange a greeting. Even when we drive past a runner, we reserve a special empathy for our fellow warrior. We see them blocking out freezing temperatures, leaning into a headwind, determined to prevail, and we silently run a step or two with them.

This supportive attitude is not limited to those who run. Passing motorists are involved as well. We see this evidenced in a variety of ways. They are more likely to "share the road". While I have certainly heard my share of the normal catcalls during warm weather runs, I can't recall ever hearing a derisive word shouted from a passing vehicle during the winter. (Perhaps it was too cold to open a window). Even dogs seem less likely to chase runners this time of year.

In the summer, people are distracted by what a runner is wearing, or quirks in running style. Winter's weather pierces through such superficial observations and focuses attention on the perseverance, and dedication inherent in this effort. In order to do our part in making this time of year both productive and harmonious, we runners need to be mindful of sound, safe workout habits.



Running makes me a beefcaaaake!

Most importantly, don't run two abreast on roads and highways. This is never a good idea, but with the narrowing roads of winter, the space for both runners and motorists becomes a shrinking available resource. It takes at least two to share.

The rewards of winter running are very special. Far too special to risk.

Yes, You Can Wash Your Car In Cold Weather Without Freezing

Despite the serious damage that winter's frigid temperatures and road salt wreak on your car's finish, many drivers are fearful of washing their car in cold weather. If you avoid washing your car in winter because you think your car may freeze, the International Carwash Association (ICA) has good news: you can successfully wash your car in cold weather.

In fact, washing your car during the winter is highly recommended, especially in geographic areas where a combination of road salt and melting snow can take a serious toll on your car's finish.

Not washing your car during the winter months may result in damage to the painted surface of your car as the weather warms up,' warns Mark Thorsby, ICA's executive director. 'When temperatures rise above freezing, the moisture formed by melting snow and ice combines with road salt to damage the thin-painted surface of your car. Even newer cars with clear-

coat finishes can't stand up to hard winter conditions. After the paint and clear coat begin to erode, the metal underneath will be exposed and rust will form.'

This potential for damage will be minimized and even eliminated by following ICA's suggestions for cold-weather car washing. With these few simple precautions, a professional car wash in the winter is safe and effective in keeping your vehicle in top condition:

At a full-service car wash, ask the attendant to thoroughly dry the area around the inside of the door and the trunk, as well as around the area where the power antenna is mounted to the car. (They usually will do this without being asked, but it does not hurt to remind them.) If you are at an exterior-only or self-service car wash, bring a few extra dry towels with you to perform these tasks yourself.

To open frozen locks, purchase a lock de-freezing or de-icing

product and keep it in your coat pocket or purse when leaving your vehicle. These products are available at most car washes and convenience stores.

Periodically apply a good silicone spray to all-weather stripping during freezing weather, as water will not collect evenly on silicone-coated surfaces.

Most professional car-wash operations offer undercarriage-rinse services. Make sure you include an undercarriage rinse when you wash your car so that salt can be removed from hard-to-reach places — like behind bumpers and wheel wells — where salt tends to accumulate and cause rust.

Washing your car in cold weather doesn't have to be a concern,' Thorsby says. 'In fact, a professional car wash will eliminate many winter-related car appearance problems. As long as you follow these basic car-wash tips, you won't have any worries at all.'



The Nasty F-Word... Frostbite!

by Julie Murphy
Asst. Features Editor

Living in Northern Ontario for my entire life has been well, cold. And I for one hate winter. I detest the first sign of snow and dread it when I see the blinking blue light of the salt truck. It is not uncommon to hear me cursing at the damn "Mr. Snow - Plow - Man" as I try to get my car out of the driveway in the morning.

Even as a child I hated to go outside if it was cold out. My mother would bundle my sisters and I up and send us outside after having us run around the house all day long. And then, later on in life, it seemed to get colder. Of course, it didn't really, it was just because suddenly I needed to be cool and not dress warm. This was, of course, when I had my first head on collision with frostbite. It was March break and my best friend and I were stuck at her house one day. We really wanted to go to a party at one of my friends house but had no way to get there. And so, as stupid as we were we decided to walk the two miles to her house. Now normally I am not one to complain about having to walk somewhere, I did it all the time (before I got my license) but as it turns out this was the coldest day of winter that year. And so we walked. And walked. And walked. And froze



our asses off. Literally. I ended up with frost bite in my nose, ears, toes and butt. Neither of us had on hats or winter boots. Nothing feels worse than having a frostbitten butt, trust me.

Well, I can honestly say I'm smarter now. When I see someone walking down the street on a freezing cold day with no mitts, winter boots or a hat on I laugh. I think of how dumb they look and how dumb they are. Frostbite really sucks. So take some hints from me, you want to avoid it! If there's snow outside, and it's between November and March in Sudbury, you're going to want to dress warm. Wear some mittens, they're warmer than gloves, and definitely

something on your head. If you're outside and you are cold, drinking and smoking are both bad ideas. Drinking provides a very artificial sense of warmth and smoking decreases your body's circulation therefore making you lose more body heat.

If you are outside and think you have frostbite get out of the cold as quick as possible and see a doctor. Frostbite requires medical attention! Your skin will feel cold, it will be hard, white and numb. When warmed up again, the skin will turn blue or purple. If you can't make it to a doctor right away you should stay warm and don't allow the frost-bitten area to re-freeze, it will cause even more damage.



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Features

Hypothermia

If you are outdoors enjoying your favorite sport, you presumably do not intend to jeopardize your life. Hypothermia may be a new word to you, but it is the only word that describes the rapid, progressive mental and physical collapse accompanying the chilling of the inner core of the human body. Hypothermia is caused by exposure to cold, aggravated by wet, wind, and exhaustion. It is the number one killer of outdoor recreationalists

COLD KILLS IN TWO DISTINCT STEPS EXPOSURE AND EXHAUSTION

The moment your body begins to lose heat faster than it produces it, you are undergoing exposure. Two things happen:

1. You voluntarily exercise to stay warm.
2. Your body makes involuntary adjustments to preserve normal temperature in the vital organs, and you start shivering.

Either response drains your energy reserves. The only way to stop the drain is to reduce the degree of exposure.

THE TIME TO PREVENT HYPOTHERMIA IS DURING THE PERIOD OF EXPOSURE AND GRADUAL EXHAUSTION

If exposure continues until your energy reserves are exhausted. Cold reaches the brain depriving you of good judgement and reasoning power. You will not realize this is happening. You will then lose control of your hands. This is hypothermia. Your internal temperature is sliding downward. Without treatment, this slide leads to stupor, collapse, and death.

AVOID EXPOSURE

1. **STAY DRY.** When clothes get wet, they lose about ninety percent of their insulating value. Wool loses less as does many of the new synthetics. Cotton and wet down are worthless.
2. **BEWARE OF THE WIND.** A slight breeze carries heat away from bare skin much faster than still air. Wind drives cold air under and through clothing. Wind refrigerates wet clothes by evaporating moisture from the surface. **WIND MULTIPLIES THE PROBLEMS OF STAYING DRY.** If you have been in the water and you are wearing a T-shirt that is wet remove it and you will retain more heat. Direct sunlight on the skin helps in the warming process.



The blubbery gerth protects this little fellow from being yet another victim of hypothermia

ess.

3. **UNDERSTANDING COLD.** Most hypothermia cases develop in air temperatures between 30 and 50 degrees. Most outdoor enthusiasts simply can't believe such temperatures can be dangerous. They fatally underestimate the danger of being wet at such temperatures. Fifty degree water is unbearably cold. The cold that kills is cold water running down your neck and legs, and cold water removing body heat from the surface of your clothes.

TERMINATE EXPOSURE

If you can not stay dry and warm under existing weather conditions, using the clothes you have with you, do whatever is necessary to be less exposed.

1. **BE SMART ENOUGH TO GIVE UP REACHING THE PEAK, OR WHATEVER YOU HAD IN MIND.**
2. Get out of the wind and rain. Build a fire. Concentrate on making your camp or bivouac as secure and comfortable as possible.

NEVER IGNORE SHIVERING

Persistent or violent shivering is a clear warning that you are on the verge of hypothermia. **MAKE CAMP OR GET BACK TO YOUR VEHICLE.**

BEWARE OF EXHAUSTION

Make camp while you still have a reserve of energy. Allow for the fact that exposure greatly reduces your normal endurance. You may think you are doing fine when the fact that you are exercising is the only thing preventing your going into hypothermia. If exhaustion forces you

to stop, however brief:

1. Your rate of body heat production instantly drops by fifty percent or more.
2. Violent, incapacitating shivering may begin immediately.
3. You may slip into hypothermia in a matter of minutes.

APPOINT A LEADER

Make the best protected and experienced member of your party responsible for calling a halt before the least protected member becomes exhausted or goes into violent shivering.

DETECT HYPOTHERMIA

If your group is exposed to **WIND, COLD, OR WET**, think hypothermia. Watch yourself and others for the symptoms:

1. Uncontrollable fits of shivering.
2. Vague, slow, slurred speech.
3. Memory lapses, or incoherence.
4. Immobile, fumbling hands.
5. Frequent stumbling.
6. Drowsiness (to sleep is to die.)
7. Apparent exhaustion. Inability to get up after a rest.

TREATMENT

The victim may deny he/she is in trouble. Believe the symptoms, not the person. Even mild symptoms demand immediate treatment.

1. Get the victim out of the wind and rain.
2. Strip off all wet clothes.
3. If the victim is only mildly impaired:
 - Give him/her warm drinks. (only small amounts)
 - Get him/her into dry clothes and a warm dry sleeping bag. Well-wrapped warm (not hot) rocks or canteens placed in the crotch and under the arms anywhere the main arteries are close to the surface of the skin, will hasten recovery.
4. If the patient is semi-conscious or worse:
 - Try to keep him/her awake. (Do not give hot liquids by mouth.)
 - Leave him/her stripped. Put him/her in a sleeping bag with another person (also stripped) to transfer heat. If you can put the victim between two donors, skin to skin contact is very effective treatment.

5. Build a fire to warm canteens and rocks for warming the victim.
6. Transport the victim as soon as possible to the closest hospital for monitoring. It takes a very long time to warm the inner core and only a rectal hypothermia thermometer is long enough to find out what the inner core temperature really is. **DON'T DELAY!**

A COLD PERSON'S GUIDE TO BEING WARM

by Beth Pentney
Staff Writer

There is nothing worse than being a naturally cold person - especially a naturally cold person living in Northern Ontario. Call it what you will (poor circulation is a common assumption): I call it a living hell. I have remained cold long after everyone else in the room has hit a comfortable temperature for about as long as I can remember, and over the years I have perfected a couple of strategies to staying warm. There are a few factors that determine whether you are in fact a member of this group of people, including wearing socks to bed, using more than three blankets on your bed at one time, and wearing longjohns in September. Should you find yourself nodding in agreement to any one of these characteristics, read on to find out how a cold person can stay warm in this Godforsaken city.

1) Get yourself a heating pad or heating blanket. Investing in one of these little wonders saves time and discomfort when hopping into bed at night. You don't have to concentrate all of your energy into creating a warm spot, just flick a switch and Voila- the entire bed is transformed into a toastie-warm sanctuary.

2) Sorel socks. Okay, normally I wear two pairs of socks on any given day: a thin pair under a really warm pair. However, I was lucky enough to receive a pair of Sorel insulator socks for Christmas, and they have made my life a little better since then. These socks actually keep your feet warmer by insulating them and "wicking away" moisture. They really really work.

3) Buy a parking pass at one of our affiliated universities. I have yet to do this, but every morning I kick myself in the ass as I walk up to Thornloe from the pit. To think- for only \$30 I could have gotten access to a parking lot that is within sight of the building that I have to be in.

4) Get a cocoon. These snap-up blankets cover you from head to toe, with a little hood for your head and holes in the bottom so that you can walk. When unsnapped, it is a regular blanket, but snap it up and you have yourself your own personal cocoon.

5) Allot yourself some extra time in the morning to warm up the car before leaving. Five to ten minutes usually does the trick; it provides a nicer, more comfortable drive and helps decrease your chance of having stiff, cold-all-day fingers. Speaking of fingers - a fuzzy steering wheel cover would be the ultimate way to ensure warm hands.

6) Wear nylon, not wool. Layering is a pretty obvious way to keep warm, but fabric also makes a huge difference. Wool will keep you warm, but if it's windy outside, you're going to be cold. Nylon is great for repelling water and shielding you from the wind. Cotton is good for under layers because it dries quickly- so if you get sweaty you won't stay wet and get colder. Another important thing to remember is that layering works best when you keep your clothes loose.

7) Wear slippers. Again, it seems pretty obvious. However, it is unbelievable what a difference a pair of Isotoners can make on tiled and hardwood floors.

8) Everybody knows if you don't wear a hat, you are actually letting around 80 per cent of your body heat float right out of the top of your head. The amount of funky winter hats that are available today really offers something for everyone. Go out and do yourself a favour, get a toque.

9) Get familiar with your local Tim Horton's, or better yet, make your own hot drinks. Coffee, tea, hot chocolate, whatever. They all warm up your insides and provide instant heat for your hands when you need a little help.

10) Finally, get some sleep if you want to stay warm. Your body temperature drops when it begins to slow down for the night, which is why you usually feel cooler before bed. So, avoid staying up too late and beat the chills altogether.

This week: Cold
Next week: Warmth

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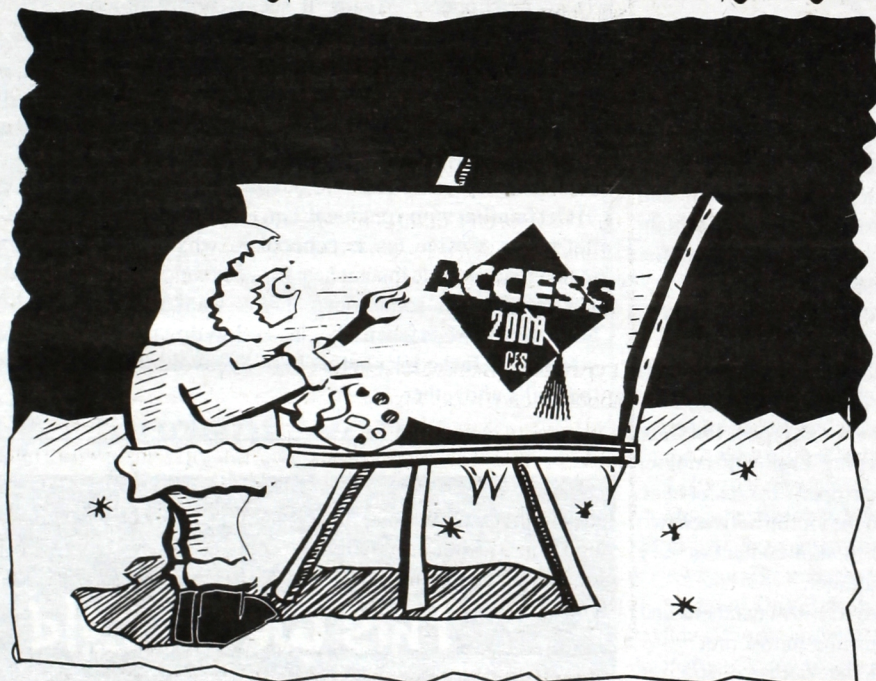
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Close the Window

by Derek Serafini
Features editor

I've done many presentations in my life. I know what it's like to stand in front of the class for an extended period of time and speak on a subject. I know the stress that is involved. I understand the fact that, along with the presentation, comes movement. And, along with movement, body heat is produced. I know the uncertainty of having many eyes incessantly staring at you expecting you to impart some radical wisdom to them. I realize that gets the blood moving and increases the heart rate. I fully and totally understand the situation. And, because I understand it, I'd like to make this small request: CLOSE THE WINDOW!!!!!!!!!!!!!!

People say that our school doesn't have much money. I'm told that tuition is going to increase again next year to help defray the enormous operating costs of this fine institution of higher learning. Well, I have a possible suggestion: rent out empty classrooms to agricultural people who need to store meat and frozen vegetables for an extended period of time. I mean, the temperature in some of our classrooms is more than adequate to delay the onset of the multiplication of germs and bacteria that induce spoilage.

And, it does not help matters when profs open the windows for the entire class. I'll grant that most rooms are stuffy and better air circulation is needed, but that can be accomplished in a matter of a few minutes. There is surely something wrong when we can see our breath when we exhale. At that point, I think it is safe to say that the room is sufficiently full of fresh air. And, I know that it's just not me. Often, I can look around the class and see many people with their coat on to try and help them keep warm.

I'm not a science guy, so correct me if I'm wrong, but things tend to slow down as they get colder, right? The speed at which chemical reactions in the body occur decreases. Our heart rates slow down. I mean, coldness is not necessarily conducive to existence. Yet, some people feel that it is necessary to flood our classrooms with below-zero-degree air in an effort to wake us up. Initially, sure, it shocks us. But, after a few minutes, it's just damn cold. Too cold, in fact, to want to learn. Instead of scrupulously taking notes and paying attention, we are fiddling with our coats and wondering why the windows need to be open.

I'm not saying extreme heat is better. A room full of sweaty people would not be a learning-friendly environment. I mean, anyone who's ever been in a change room would agree with me. But, freezers are no better.

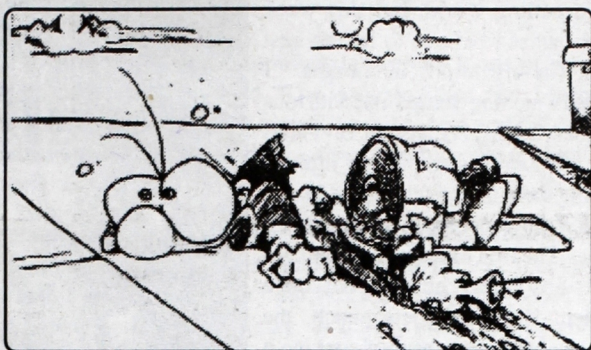
I'll grant that I might be a little overly sensitive to cold. But, I know I'm not the only person who feels this way. I'm not asking for a temperature that is ideal for everybody. I'm not prescribing a desirable temperature range. Both would be difficult and nearly impossible. What I would like to do is offer some of the advice that teachers always give their students when they do presentations: know your audience. When people start putting on their jackets and blowing into their hands, it is too cold in the room. Maybe loosening a tie or taking off a jacket or wearing fewer turtlenecks would be a good start rather than trying to recreate the arctic inside our classrooms.



ARTS AND ENTERTAINMENT

Scraping Roadkill Off the Information Superhighway

by Nick Stewart
Entertainment Editor



Evan's Internet Cinema (or, The Website Formerly Known as Evan's Star Wars Cinema)
<http://www.jedinet.com/cinema/>

Well, it's about that time of year again. Yup, the crazy, crazy people over at Evan's have put out another, oh, three or so more movies for the enjoyment of the culturally-starved movie-viewing internet public (which can be taken in SO many ways). This time around, though, there's only one Star Wars movie in the bunch. In a weird turn, the creator of the original five movies, Evan Mather, has decided to let some lawyer from Oregon write the script for the new 6-minute long flick. What does this mean for the quality of movie that we've come to expect from Evan? Nothing, really. It's a little less outrageously bizarre and a little more showy, but it's still the same hilarious parody of some of the most popular movies (and people out there). The new movie, "The Qui-Gon Show", pokes fun at *The Truman Show*, *The Matrix*, and in a bizarre turn of "real" animation, George Lucas himself. Given, it's not one of the best of the movies shown on the site, but it's still pretty damn good.

Live Life According to ELVIS

<http://www.whatwouldelvisdo.com/index.shtml>

When you hear the question, "What would Elvis do?" in any situation, automatically you'd pretty much figure it would have something to do with banana sammiches, shooting the television, and a bucket of red and yellow pills. And you'd be right, of course. If you want to actually apply this to certain situations and read what others think the E-man'd do, then this site is an interesting one, to say the least. Every few weeks, a question is posted on the main page, and the internet population can post their response to the ongoing list. The questions are usually pretty funny, and despite a few potty-mouthed five year-olds' responses, the answers are generally pretty funny as well. A typical question'll go something like: "You fly to Denver to get your favorite sandwich. You quickly eat one and then another and then another. Partway through the last sandwich you discover a half-eaten roach. What would Elvis do?" Again, apart from the mindless four-letter responses, an answer might go something like "Buy a cadillac for the dead roach's mother, then stuff her in a tuna sandwich and give it to Wayne Newton, uh huh". Incoherent, absurd and ridiculous...but these things describe the King pretty accurately (in his later years, anyway), so it all works out.

Goofing On Elvis: The Andy Kaufman Homepage

<http://andykaufman.jvlnet.com/toc.htm>

Whether or not you liked the Andy Kaufman biopic *Man On the Moon*, nobody can deny that it's stirred up a lot of interest in the guy. If you're even the slightest bit interested in him, this is the site to visit. From sound clips to stories to pictures and recorded 'bits', this place is more like an online autobiography of sorts than a website. It talks about Kaufman's life in great detail, starting with the stories of his been taken to a psychiatrist for "broadcasting" TV shows to his bedroom wall, to his avoiding being drafted for Viet Nam by scoring zero on a psychology test, to his comedy beginnings and beyond. Those who have gone to see *Man On the Moon* (*insert Oscar theme music here*) will recognize lots of little details that worked their way into the movie, and a lot of details that were changed. For example, Kaufman made a movie (if you want to call it that) late in his life, with wrestling legend "Classy" Freddie Blassie, appropriately titled "My Breakfast With Blassie" (and for fans of the movie, this is where he really first met his girlfriend Lynne Margulies). You can find a fantastic list of sounds on this site, featuring some of Kaufman's greatest moments, like his bit as Tony Clifton, and even his fight with Jerry "The King" Lawler on David Letterman. There's also a FAQ on Kaufman with questions like "Who was Tony Clifton?", a ton of anecdotes of his appearances on Taxi, Friday's, and Saturday Night Live, and even how he spent the last years of his life. Some fantastic celebrity quotes about the guy are here, like "Andy meditated in his car, lived on seaweed, and rehearsed only on Tuesday afternoons. But he was one of the most brilliant comedians ever." (Tony Danza), "Andy made himself the premise, and the rest of the world is the punchline" (Robin Williams), and "Comedians would stand in the back and go, 'I gotta build a statue, and it's gotta be of HIM!!!" (Jim Carrey). And if all this isn't enough, there's also a great list on this site of other places to find even more in-depth Kaufman information, if this place isn't enough for you. A great site about a great man.

Tyramisu & BOB

askusanything@hotmail.com

by Tyramisu and Bob
Advice Columnists

Q: Please don't laugh. For my geography class, we had to draw out a variety of different maps. They are due next week. My problem is that my pet Rufus literally chewed up my maps. How do I convince my professor that my dog ate my homework?

Tyramisu: Your dog is definitely trying to tell you something. Animals usually have a higher sensibility and thus a much higher sense of intuition. Maybe your maps were possessed by some evil spirits, maybe you were to fail the class if you handed those in, or maybe, just maybe....he was just hungry. Either way, you might want to cancel any plans you have for the near future; my crystal ball shows you drawing maps for the next little while.

Bob: No problem. Just walk into class and show the prof the great big red L on your forehead. He'll get the hint.

Q: I am living off peanut butter sandwiches - not because I can't afford anything else, just because I like them. My boyfriend is trying to convince me to eat other foods, saying he worries about my health. I just love my PB. Please tell him he's wrong in telling me what to eat.

Tyramisu: Granted, having your significant other tell you what you can and cannot eat is wrong. However, living off nothing else but peanut butter sandwiches can't possibly be healthy. You should be happy to have such a loving boyfriend. Show him your appreciation by taking him to a salad bar for lunch, your treat!

Bob: If you eat nothing but PB sandwiches then obviously you can't take care of yourself. He's right to tell you what to eat because you're obviously not able to figure things out on your own. You don't even have the decency to have some goddamn jam with your PB. That's just wrong.

Q: I have been a faithful reader of Tyramisu and Bob since September. I think I've fallen in love with the two of you. You just seem like really cute people. I know this might sound weird, but I would enjoy going on a date with both of you.

Tyramisu: I am very flattered but my psychic advisor has warned me about psycho freaks who fall in love with advice columnists. Besides, Bob is plenty fun in the Bingo halls, I would hate to be there to spoil his 'special moves'. You'd be amazed to see what this guy can do with a bingo dabber.

Bob: So that's what we're calling it these days, huh? In that case I'm the Bingo F'in-Mastah and don't you forget it. But to make sure you're worthy send your picture along with your stats to Bob c/o Lambda. Don't call me, I'll call you.

DOWNUNDER

BY MAT THOMPSON



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EVERYTHING I NEED TO KNOW I LEARNED FROM ARCADE GAMES

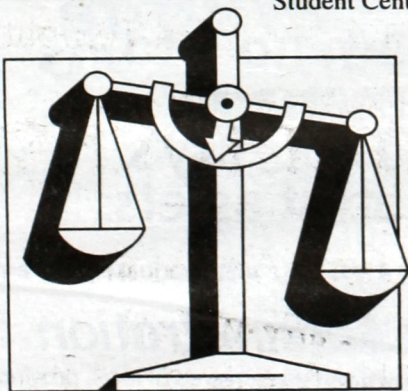
1. There is no problem that cannot be overcome by violence.
2. Piloting any vehicle is simple and requires no training.
3. You can overcome most adversaries simply by having enough quarters.
4. If it moves, KILL IT!
5. One good guy can defeat an indeterminate number of bad guys.
6. Bosses always hire henchmen weaker than they are to do their easy work.
7. If you see food lying on the ground, eat it.
8. You can smash things and get away with it.
9. You can knock other vehicles off the road and get away with it.
10. If someone dies, they disappear.
11. Money is frequently found lying on the streets.
12. All shopkeepers carry high-tech weapons.
13. If you get mad enough, you can fight even more fiercely than normal.
14. If it's on the ground, pick it up.
15. Repulsive, ugly, cannibalistic, evil beings have just as much right to be loved as heroic fighters.
16. The operation of any weapon is a simple and obvious procedure.
17. You never run out of ammunition, just grenades.
18. No matter how long you fight, you can always fight again.
19. Death is reversible (but only for you!).
20. Ninjas are common, and fight in public frequently.
21. Shooting innocents hurts.
22. Whenever huge fat evil men are about to die, they begin flashing red or yellow.
23. When you are born, you drop out of the sky (a stork?) and are completely invincible for a very short time.
24. Although the enemy always has more aircraft than you, they fly in elaborate patterns which make it easier for you to shoot them all down.
25. All female martial artists wear revealing clothes and have great bodies.
26. All martial arts men have rippling muscles and angry expressions.
27. The enemy always leaves weapons and other goodies lying around for no reason other than so their bitter enemy can pick them up and defeat them with them.
28. Shoot everything. If it blows up or dies, it was evil and deserved it. If it survives, pick it up - it was probably a bonus.
29. The most powerful fighters always wait until you have achieved a nearly impossible flawless win record and killed a record number of opponents before they appear in your presence and beat the crud out of you.
30. When the odds are 200 to 1 against you, it's no problem.
31. Gang members all look the same, and often have the same names.
32. When racing, don't worry if your vehicle crashes and explodes. A new one will appear in its place.
33. Carpe diem! You only live three times!



up or dies, it was evil and deserved it. If it survives, pick it up - it was probably a bonus.

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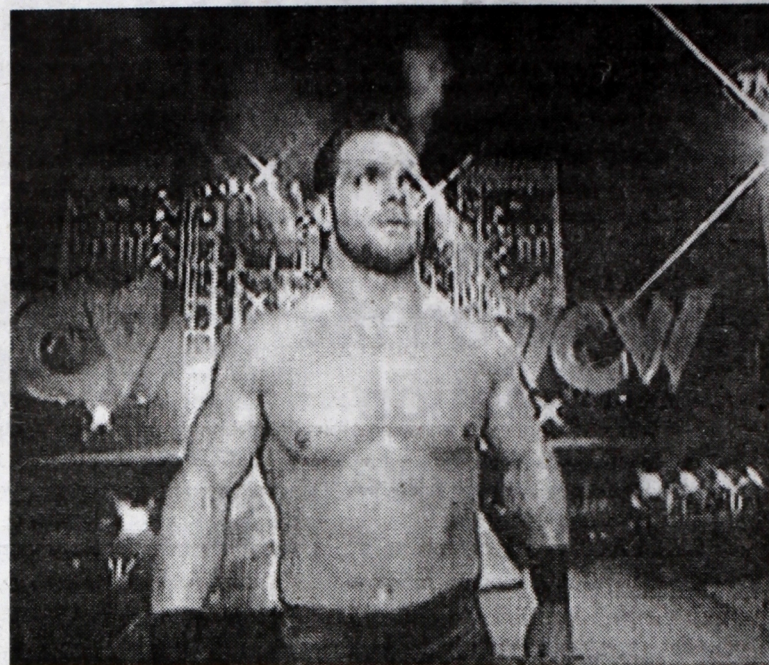
GRATUIT

Trash Talk

by Christopher Newman
Asst. A&E Editor

I seem to always start this article off with what made me happy in the wrestling world, but this week marks what I believe to be the best week (in my mind) in months. I started watching Souled Out with tons of reservations, because of Bret Hart and Jeff Jarrett's respective injuries putting them out of action, but I must say it really redeemed itself, and then some. The first three or four matches were absolutely absurd, but once Harlem Heat had their match, the level went through the roof, making it one of the best PPVs WCW has had in ages. Between the surprise entry of Ahmed Johnson as "Big T", Nash becoming commissioner, Buff Bagwell knocking out DDP and Chris Benoit becoming the new WCW Champion, I must say that I was pretty happy.

Who would have thought even as little as a year ago that the popular, but little recognized, Chris Benoit would have gotten this kind of recognition. I remember when he couldn't even win the T.V. title; and not from lack of trying, let me tell you. Of course, the only reason that he got it was because of Bret Hart's injury, but I don't think it cheapens the victory at all. The writing team at WCW probably realized that they had to do what the crowd wanted to see, for once, since the PPV had been given such a major overhaul at the last minute. Let's all just hope that Chris Benoit is given the chance to remain Heavyweight Champ for a little while, in spite of the seemingly insurmountable odds against him.



Well, it's time for me to switch gears and say something that will, once again, piss off those guys down in the pub who keep telling Mat Thompson that I'm a complete idiot. I want to talk for a little while about the young, up and coming wrestler who will, one day save the WWF and become the big man in the sport. Of course, all of you people who possess Integrity, Intensity and Intelligence know that I'm talking about the only undefeated wrestler in WWF: the one, the only, the great one, Kurt Angle! When I first saw this guy, I thought he was the biggest piece of trash that ever walked into the WWF. But then I remembered that I thought the same thing about the Rock until just before Break Down last year. Now I see Kurt Angle in a totally different light. Here you have a guy that can wrestle (and will continue to get better), has

great mic skills (even if you don't like what he says) and, most importantly, possesses the three "I's" of success. Remember, two out of three aren't bad, but if you really want to succeed, you need all three "I's".

Before I go, I want to remind everyone reading that if you want to contact me with any advice on how to make the column better, what you want to read about or some opinions that you want printed in Trash Talk, you can contact me at lbaisnemwan@hotmail.com. However, if your advice is that Trash Talk can get better by having someone else write it, just remember that IT DOESN'T MATTER WHAT YOUR OPINION IS, and everything will be fine. Until next time, remember that the you can get through life just fine using the Crippler Crossface to settle all disputes.

How To Be A Local Rock Star

by Chris Newman
Asst. A&E Editor

So, even after reading my horror story about being a guitarist in a band, you still want to go through with your rock 'n roll fantasy (so to speak) and join the local Top 40 scene. Well, I guess that more than anyone else around the office, I'm the guy who's most qualified to give out advice.

The first thing that you need to do is actually be in a band. This, of course, is a key point. Whether or not your band is good or not will determine the longevity of your stay as a local musician, but probably will have very little to do with your actually getting the initial gigs. Before we talk about booking a gig, I think a really important issue with being a new band in the Top 40 scene, is the type of music you play. Unless your playing the Townhouse, be prepared to be asked constantly to play The Beatles, Pink Floyd, The Tragically Hip and the Rolling Stones. If you don't play at least one of these bands, get ready to be heckled like there's no tomorrow by the drunk ex-rocker who thinks he knows more than you (trust me, there's one in every crowd). Now, I've never been a proponent of "selling out syndrome", but at the onset of a band's career, it's probably best to make decisions that will please people in the crowd. Playing a song from each of these bands, whether you like

them or not, is probably a good choice. Also, it is alright to play original music in the Top 40 bars, but you probably want them to be spaced out and as few as possible, at first. Once you've established yourself as a good group, you can pretty much do what you want. But initially, you want to keep it to a minimum.

Now that you've got your song selection and you've, hopefully, practiced a little, it's time to go and book your first gig. My best advice is to first "test run" your band. There is at least one bar in the city (hint hint: it's in the Donovan) that will book a band with no experience. A bar like this will allow you to go on stage and iron out a lot of bugs that will occur. Playing on stage is a lot different than playing in your basement, so this experience is key if members of your band are new to the concept.

The next thing that you want to do is approach the rest of the bar owners and pitch your band to them. Bar owners are very nice people, unless you have to deal with them as a bar owner. When they're doing business, they'll aggravate you to levels which you thought were impossible to reach. It's probably a good idea, when approaching the bar owner/manager to have a press kit. In the press kit, you should have a copy of the poster you'll be using for

in-bar advertising (this is important because a lot of the time, this is the only advertising you're going to get), a brief description of the members of the bands, stickers or other promotional gear, perhaps an audio recording of the band (maybe from that initial gig you played), and most importantly, a copy of your set list. Nine times out of ten, the bar owner is only going to want to look at that. However, don't let that discourage you from making the rest of the press kit. The press kit makes you look professional.

Well, I think you're about ready to give it a shot. The only other important thing is to always remember that the bar needs you more than you need the bar. When you talk to the owner/manager, look him in the eyes, talk straight and act like you're the best thing to ever happen to that bar. If he wants to hear you play first, don't get discouraged, just book a gig with the bar that you already played and let him know when it is. Bar owners have a tendency to forget these things, so make sure you contact him the day of the gig, to remind him.

If you do all this, there's a good chance that you can get your shot. But remember, in the end, it's not the press kit that makes the band. Crowds know what they like. You've got to be in touch with that, or you probably won't get off the ground. Good luck.

Psycho Letters From Nick



c/o Lambda's Entertainment Section
Laurentian Mental Hospital
INS ANE

by Nick Stewart
Entertainment Editor

I came across the address of this small Canadian company that manufactures certain kinds of specialty vending machines, including a very special creation of their own called "The Amazing Hot Nut Machine". Apparently, this is a vending machine that sells, you guessed it, Hot Nuts. I'm sure it would seem perfectly normal if a person would someday ACCIDENTALLY misunderstand just what this Amazing Machine does, right?

Dear Kranna Distributors,

To be bluntly honest, I know precious little about your company. I was referred to your address by a close friend of mine who believes you may be able to help me. He recently made me aware of this device that you sell called "The Amazing Hot Nut Machine". The reason this interests me is as follows: I have been diagnosed with a specific condition which requires that my genitalia be warmed 24 hours a day. It is very embarrassing and it is extremely difficult to lead a normal life with this condition. Both work and home life have been severely disrupted as a result of my rather crippling affliction. It is extremely tiring to get up every ten minutes to get a new hot-water bottle to appease the pain. When I heard about your product, however, I was filled with a new hope that I might be able to sleep nights. How bulky is this "Hot Nut Machine"? Would I have to remain stationary while using it, or could I walk around while it was running? And if so, would I have to wear special clothing in order to do so (such as extra-large pants or a mumu)? I can only hope that you have the answers to my prayers. Already I am praising the virtues of the "Amazing Hot Nut Machine", though not in mixed company (such a tawdry name for something so useful...Hot Nuts indeed). I plead for a speedy response, as the agony of my condition worsens with every passing day. Thank you so much for your time, and God Bless.

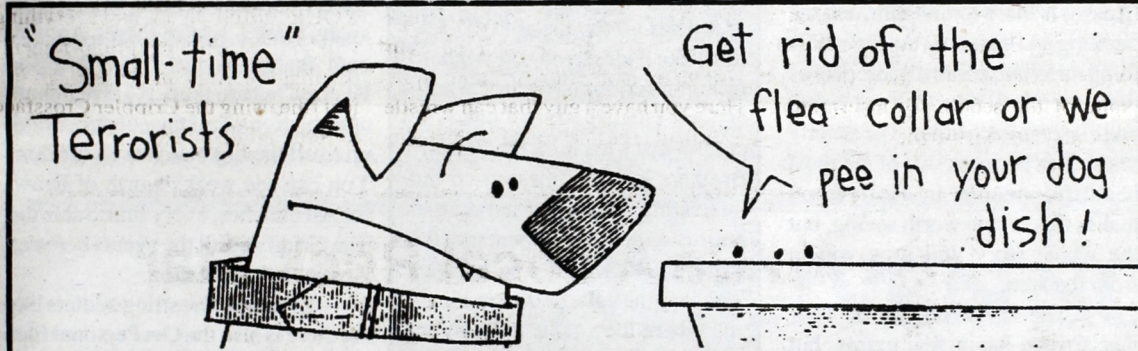
Anxiously yours,
Nick Stewart

Yes, I got a response. Yes, it was generally what I was expecting. And yes, it was still funny anyways.

Mr. Stewart,

I am afraid you have been misled as to the nature of our product, "The Amazing Hot Nut Machine". It is in fact a vending machine that dispenses hot nuts (hence the "Hot Nut" within its title), such as peanuts and cashews. At this time I have not heard of anything that would aid you in your particular dilemma but I do wish you the absolute best in your search.

Mr. Paul Sanders
Director of Customer Services



Deaths of Stupid People

(1996) Some men will go to extraordinary lengths to prove how macho they are. Witness Frenchman Pierre Pumpille, of Lyon, who recently shunted a stationary car two feet by headbutting it. "Women thought I was a god," he explained from his hospital bed.

Deity or not, however, Pumpille is a veritable girl's blouse compared to Polish farmer Krystof Azninski, who staked a strong claim to being Europe's most macho man by cutting off his own head. Azninski, 30, had been drinking with friends when it was suggested they strip naked and play some "men's games". Initially they hit each other over the head with frozen icicles, but then one man seized a chainsaw and cut off the end of his foot. Not to be outdone, Azninski grabbed the saw and crying "Watch this then!" swung at his own head and chopped it off.

"It's funny," said one companion, "Cos when he was young he put on his sister's underwear. But he died like a man."

(November 1997, Pennsylvania) Wayne Roth, 38, of Pittston, was bitten by a cobra belonging to his

friend, Roger Croteau, after playfully reaching into the tank and picking up the snake. Wayne subsequently refused to go to a hospital, telling Roger, "I'm a man, I can handle it." Falser words have seldom been spoken. Instead of a hospital, Wayne reported to a bar. He had three drinks, and enjoyed bragging that he had just been bitten by a cobra. Cobra venom is a slow-acting central nervous system toxin. He died within a few hours, in Jenkins Township, Pennsylvania.

(1996, Toronto) Police said a lawyer demonstrating the safety of windows in a downtown Toronto skyscraper crashed through a pane with his shoulder and plunged 24 floors to his death. A police spokesman said Garry Hoy, 39, fell into the courtyard of the Toronto Dominion Bank Tower early Friday evening as he was explaining the strength of the building's windows to visiting law students. Hoy previously had conducted demonstrations of window strength according to police reports. Peter Lauwers, managing partner of the firm Holden Day Wilson, told the Toronto Sun newspaper that Hoy was "one of the best and brightest" members of the 200-man association.

Skewed News

by Nick Stewart
Entertainment Editor

Bill Gates Steps Down As Senior Minion of Satan

After over a year of dealings with Janet Reno and the Department of Justice, Microsoft CEO and skillionaire Bill Gates has announced a few changes being made to his company, which industry analysts figure is an attempt to placate his accusers. "First, I would like to announce that I am stepping down as the Senior Minion of Satan within this organization, and am appointing a three-year-old muskrat named Tippy to the position", commented Gates. "I will instead take on the role of the Head Computer-Killing Bug Designer of Microsoft's CompuScrew division".

Gates then went on to rectify a few of the rumors that have been passed around about him. "I did not make this decision to try to calm down the Department of Justice. No, I did it to get that hideous filthpig Janet Reno off my back for a week or two. I mean, have you looked at her recently? She looks like somebody set fire to her face and put it out with an axe." Gates then completed his diplomatic statement by cackling evilly and disappearing in a puff of sulfurous smoke.

Internet Causes Violence; Local Editor Goes On Rampage

Legal analysts and psychologists alike are baffled by the recent defense and psychological revelation loosed on the world by an 18-year-old's defense to being accused of making threats. Denver resident and Columbine student Michael Campbell sent an email to a friend of his on December 10th of last year, warning her not to go to school because he planned on finishing what started, and didn't want her blood on his hands. This friend then contacted the authorities, who arrested Campbell. A week later and with Campbell facing five years in jail if convicted, his lawyer Rubin Ellis announced that the Internet was to blame, and that "it lures computer users into a false reality", or "Internet Intoxication".

In a completely unrelated and totally coincidental story, Nick Stewart, online columnist and Internet site reviewer for a local university newspaper, has utterly and completely lost his everloving mind. "He was sitting at his computer, looking up sites for the paper, and all of a sudden he started twitching and muttering something about rabid squirrels", comments his roommate Minky Flinkerton. "Then he leapt up, started foaming at the mouth and jumped out the window of our second-story apartment. That was the last I saw of him." After his unorthodox escape from his small computer room, Mr. Stewart dashed about the city, mugging hordes of various old people using nothing but his keyboard and an old phone cord. As the day wore on and as his keyboard gradually fell to pieces from repeated muggings, Mr. Stewart was reduced to using nothing but the space bar and the letters P, J and X to extend his rampage. It was at this point that he most likely realized that he would be unable to successfully mug anyone with the provided materials, and took simply to scowling and waving the space bar in a menacing fashion. After an extended scowl-off and menacing wave-fest with police, Mr. Stewart was apprehended and placed into a really really uncomfortable place (in the back of a Volkswagen) for safe-keeping. Authorities have stuffed various small woodland animals into his modem to ensure that the Big Bad Internet will not be able to intoxicate him further. Charges are pending.

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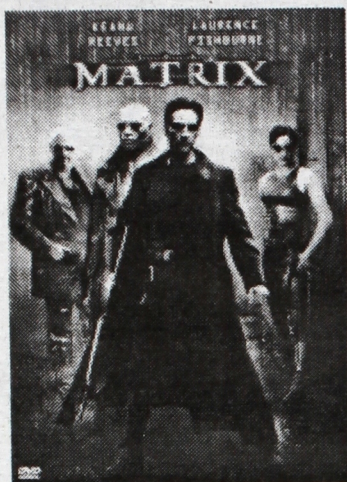
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Move Over VHS...

Reviews by Mat Thompson, DVD Reviewer



The Matrix

Warner Brothers
Approx. Price - \$22.99
DVD Rating - 5 / 5

Not since Blade came out on DVD has there been such a buzz over the release of one movie. **The Matrix** was a movie that was basically made to be on DVD. I actually feel bad for anyone who has the movie on VHS because they are missing out on so much stuff. Sure, the movie is amazing, but the DVD is the definitive DVD on the market today.

The effects look fantastic on the digital disc and mixed with the theatre quality sound, the movie is just amazing. Instead of just having your typical menu screen, **The Matrix** contains interactive menus where certain features lead to others. Clicking on either the white rabbit or the little red pills will take you to different sections of the disc's menu's. One of the best features on the disc has to be the "Follow the White Rabbit" feature where you watch the movie as you normally would, but when you see a white rabbit or red pill on the screen in the movie, you must hit enter on your remote and you will be taken to a ten-minute feature documentary about the making of that specific section or effect within the movie. You can learn exactly about "bullet-time" filmmaking where everything is slowed down, and the camera spins around them giving the movie more dimensions. The documentaries make the movie so much better.

Another feature of **The Matrix** DVD are the enhanced features for your DVD-ROM PC. There is an "Are You The One" challenge, you can download the original screenplay, storyboards and essays on the whole Matrix genre. There are also links to the original theatrical website and all the sample trailers that promoted the movie on-line.

You could seriously spend hours with this DVD without watching the movie. Along with the documentaries, there is the commentary track featuring star **Carrie-Anne Moss** along with editor **Zach Staenberg** and Special Effects Supervisor **John Gaeta**. There is no commentary by the directors, but they are featured in all the documentaries, so you still get their comments on different aspects of the movie.

There is so much on this disc you just have to see it to believe it. I don't know anyone who didn't like this movie, and anyone who sees the DVD is just blown away. You can't have a DVD player without owning **The Matrix**.



American Pie - Collectors Edition

Universal Pictures
Approx. Price \$32.99
DVD Rating - 5 / 5

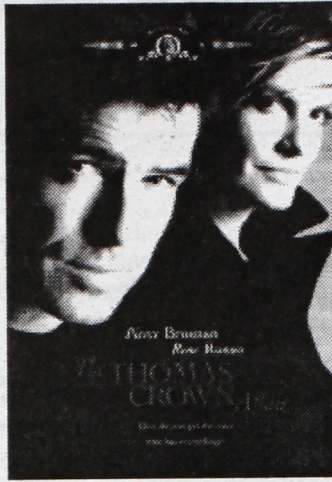
Now this is one of the only DVDs that is worth the higher price that the stores have placed on it. Just the **Shannon Elizabeth** scene is worth the money, but this DVD is packed with great features that makes DVDs worth investing in.

If you haven't seen **American Pie**, you don't know what you are missing. The movie is the Porky's for the 90's, and the classic apple pie scene will be remembered forever. And speaking of that scene, the un-rated version (available everywhere except Blockbuster) contains the original version of the scene where **Jason Biggs** actually mounts the pie on the counter of his kitchen and is busted by his father in mid-thrust. Sure, a lot of people were hoping the un-rated version would contain more of **Shannon Elizabeth** naked, but the only added scene is the pie scene.

There is so much to choose from on this disc, I don't know where to start. There is an out-takes reel with alternate versions of scenes and major mistakes, biographies on the cast and crew, previews for other Universal movies of the same style and much more. One thing Universal likes to put on their DVDs is a soundtrack presentation where they play a few videos from the soundtrack as well as showing exactly what the soundtrack features. It's a good way to promote their movie and the soundtrack, both of which they make money from.

One cool twist **American Pie** has done on this disc is to not only have commentary by the directors, but some of the cast members join in too. The movie is even funnier hearing a bunch of guys sitting around talking about things they did during the scenes, making fun of each other and commenting on how hot each and every actress in the movie is. Just picture a really horny version of **Mystery Science Theatre 3000** and that is what the commentary on **American Pie** is like.

If you liked this movie you have to get the DVD version. There is so much packed into this disc you can watch different features for hours without actually watching the movie. This is what teenage comedy and DVD is all about. There aren't many DVDs that are a must, but I would venture to say that **American Pie** is one of the elite.



The Thomas Crown Affair

MGM DVD
Approx. Price - \$24.99
DVD Rating - 3 / 5

The remake of the year has finally arrived on both DVD and video and although it looks like there would be a lot of extra features, the disc lacks a lot of the appeal that other DVDs have featured.

The Thomas Crown Affair is the remake of the classic **Steve McQueen** movie about a rich art thief (**Pierce Brosnan**) who plays a game of cat and mouse with a beautiful insurance investigator (**Rene Russo**). **Thomas Crown** who is rich beyond belief likes to stir up his life by pulling off amazing art heists, and at the beginning of the movie, pulls off one of the best heists in broad daylight. **Catherine Banning** (**Russo**) is hired to find him, and the painting and bust him, but the whole thing turns into a form of foreplay as every step they take they get closer and closer to each other. The steamy sex scenes between two of the most beautiful people in Hollywood makes this movie worth seeing, but the whole story will drag you in from the start.

The DVD version of **Thomas Crown** has a few extras, but nothing too big. You have the choice to see the movie in either widescreen or in the standard TV version, but as we know, most people don't buy DVDs to see the standard version. Like many movies on DVD, **Thomas Crown** features the director's commentary by **John McTiernan** who gives his insight as to what he was trying to do with many of the scenes. It's pretty interesting for movie buffs, but after a while hearing one person discuss a movie at length does get boring.

One cool feature is that the disc features not only the theatrical trailer for the **Brosnan/Russo** version, but there is also the original trailer for the 1968 **McQueen/Dunnaway** version. It's cool to see the similarities between the two versions and seeing the original preview makes you want to see the original movie.

If you liked **The Thomas Crown Affair** then the DVD version is the one for you. Sure, it doesn't hold much more than the movie, but for a movie this good, the DVD advantage always makes it better. I loved this movie, and once again, the sex scenes have to be some of the steamiest and best filmed scenes around. The movie brings a certain class to sex that most movies haven't been able to grasp.



There's Something About Mary - Special Edition

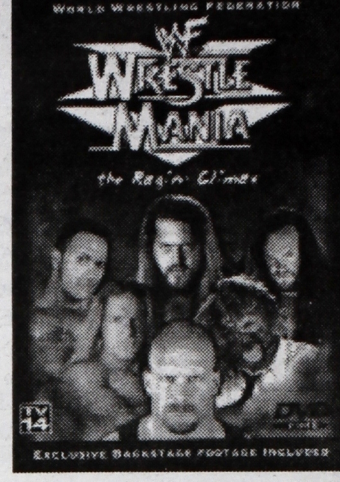
20th Century Fox Home Video
Average Price - \$22.99
DVD Rating - 4 / 5

The movie that brought sick humor back into the blockbuster section of movies has released a special edition DVD containing a shit load of extra features. Just like **American Pie**, **Mary** claims to include deleted scenes that were never seen before, but if you know this movie well, there is only about a minute or two added back into the actual movie. There is an out-takes feature which contains a few never before seen scenes, but none of the major scenes that still sit somewhere on the cutting room floor.

There's Something About Mary has all the usual DVD features like widescreen and standard formatting, original theatrical trailers and language selections. The commentary track by the **Farrelly Brothers** is pretty messed up but interesting. Instead of the normal boring director commentary, the **Farrelly Brothers** try to give you a look into their twisted little minds and where they came up with the ideas for everything including the 'hair gel' scene that has become so classic.

Probably the most annoying part of the DVD for **Mary** has to be the karaoke video. Sure, karaoke may be fun but who in their right mind would want to have the karaoke video for "Build Me Up Buttercup". And to add to the torture, there is also a normal music video for the song, and the end credits features the cast and crew singing the song between scenes. All I can say is that the **Farrelly Brothers** have to be completely fucked to pick this song as the main song for the movie. Sure, it sticks in your head, but you also want to remove it by any means necessary!

For the price that this DVD is, it is worth it, but when they claim never before seen footage, they should actually mean it. There are so many scenes removed from this movie that I have read about in different publications, you would figure the **Farrelly Brothers** would want to add them back in to make the movie even funnier. No matter what, this is still a great DVD with lots of features.



Wrestlemania XV

WWF Home Video
Approx. Price - \$22.99
DVD Rating - 4 / 5

I know, I know, I'm doing another wrestling review, but for my DVD page there is no way that I couldn't talk about wrestling on DVD. The second I got my DVD player I hoped that some day they would decide to put wrestling on DVD... and now they have!

The WWF has become the first federation to put one of their pay-per-view events on DVD with all the extras that DVD entails. Not only does the disc feature the entire pay-per-view, but there is many extra features to choose from. One of the best, of course, is the fact that you can choose what match you want and jump directly to it. No more fast forwarding and rewinding, if you want to see the IC title match right away, click... you're there. Another cool feature is the "Give Me The History" where there is a five minute compilation of all the events leading up to all the big matches on the disc. You can see weeks worth of Brawl for All matches, every time **Sable** did **The Grind** and all the events between **Austin** and **McMahon**.

For true wrestling addicts like me there is also the **Get Personal** files which will give you a screen or two of information on every wrestler and manager featured in **Wrestlemania** from **Austin** and the **Undertaker** all the way down to **Ryan Shamrock** and **The Hos**.

The disc also features another section of "Cool Stuff" which includes the **Wrestlemania Rage Party**, **Behind the Scenes** clips and alternate languages. Probably the best thing in the "cool stuff" feature is the fact that you can watch the championship match between **Austin** and **The Rock** with one of three voice-overs. You can watch it with the normal announcing of **JR.** and **The King**, or you can listen to either **The Rock** or **Austin** sitting down with **JR.** and discussing the match after it happened. It's pretty cool to hear **The Rock** call his own match and **Austin** trash talk every move **The Rock** did in the match. It kind of gives a new dimension to one of the best championship matches in a long time.

Basically, DVD is the best thing to happen to wrestling since **Snuka** jumped off the steel cage back in 1982. If you have a DVD and you like wrestling, it is just natural to get this disc.

Arts & Entertainment

Galaxy Quest

Thursday, January 20, 2000 / jeudi, le 20 janvier, 2000

by Nick Stewart
Entertainment Editor

In every society throughout the annals of history, there have always been groups that have been considered outcasts, the loners of the civilization. Neanderthal hunters and gatherers mocked the hordes of slumped-over primates who kept ramming their heads into trees and large rocks. The Ancient Egyptians made fun of the Pyramid Fighter figurine collectors. The Romans belittled the small group of people within their society that hadn't tried to assassinate any authority figures. In modern times, we have Trekkies. For better or for worse, there is a sliver of the population that is so hopelessly fanatical and devoted to the Star Trek series that they often take to dressing up as their favorite characters, theorizing about scientific details to which the writers never gave much thought, and generally allowing their lives to be swallowed by their obsession. Now imagine that the entire global population were to take on this mentality. Once you've grasped that very terrifying idea, you've got a basic idea for the premise of the new sci-fi comedy *Galaxy Quest*, which manages to be both incredibly stupid and incredibly smart at the same time.

The plot for *Galaxy Quest* is actually one of the few original ideas to come out of Hollywood in the last little while. Tim Allen plays Jason Nesmith, an alcoholic, egotistical out-of-work actor who once starred as the captain of the starship NESU Protectorate in *Galaxy Quest* (think *Star Trek*), a TV sci-fi series that was a hit back in the late '70s. Despite the fact that the show was cancelled back in

1982, a cult following has developed over the years, so Nesmith and the rest of his equally unemployed *Galaxy Quest* "crewmates" make a living appearing at *Galaxy Quest* conventions and store openings all over the country. Their appearances are usually flocked by throngs of overzealous fans, who can be identified by their dressing up as characters from the long-cancelled show and endless debating bizarre scientific theories presented in the show. When a trio of people dressed in the *Galaxy Quest* uniform claiming to be from another galaxy approach him for his help during one such convention, Nesmith chalks them up as crazy fans who are willing to toss him a few bucks for another job. He eventually agrees, assuming he'll be appearing at a mall or store, and tags along. Imagine his surprise when the trio takes him to their spaceship, and he comes to realize that they really are, in fact, aliens. It turns out that the aliens, a race called the Thermians from the Klatu nebula, received the television transmissions of the *Galaxy Quest* episodes from their galaxy, and misunderstood the show to be "historical documents" of a real and heroic crew of the NESU Protectorate. Admiring the crew of the Protectorate and having no real identity of their own, the entire race of Thermians decided to base every single aspect of their culture and existence on the "historical documents" that was *Galaxy Quest*. When the evil war-alien Sarris and his fellow soldiers decide to exterminate them, the Thermians searched out Nesmith (Captain Peter Quincy Taggart, to



Jumpsuits Make the Man!!!

them) to help them. After learning this, Nesmith fetches his skeptical, bitter former "crewmates", and sets off to help the Thermians.

As I mentioned beforehand, *Galaxy Quest* is at the same time a very dumb movie and a very smart movie, though it's more often the latter than the former. It's dumb, in that some of the comedy is kinda mindless, like alien-pigs-exploding-and-getting-goo-everywhere type of humor. At the same time, though, it's surprisingly smart parody, mocking most every aspect of the *Star Trek* world. And that's really the smartest thing about the movie: it makes fun of *Star Trek* fans, but not so viciously that it'll scare them away, since they're the only ones who'll get half the jokes. For example, there's Alan

Rickman as Dr. Lazarus, the Spock-type character with the weird logic and bizarre philosophy who has been asked to repeat his catchphrase countless times over the years and now despises saying it at all. This type of bitter irony seeps throughout the whole movie, and it's actually fairly funny.

Despite the fact that I hate half the cast, the acting was pretty decent. Tim Allen was watchable as Captain Peter Quincy Taggart (re: James Tiberius Kirk), and initially every bit as arrogant and self-centered as his real-life counterpart. Tony Shalhoub and Sigourney Weaver both do great jobs as the burnout Chief Engineer and stock "babe" (their words, not mine) character, respectively. Alan Rickman as Dr. Lazarus

is one of the biggest scene stealers as the bitter once-Shakespearean actor who's been typecast in his alien role and can no longer get any other jobs. His bitterness and hatred of his catchphrase and the show is ironic, and you can't help but wonder if Leonard Nimoy feels the same way.

All in all, *Galaxy Quest* was far better than I would've given it credit for. Considering Tim Allen's track record (*Jungle 2 Jungle*, *For Richer or Poorer* and a bazillion seasons of *Home Improvement*), this was actually pretty funny, and a great way to kill an evening. In a season of movies that are being released for Oscar contention, it's nice to see a goofy movie that never takes itself too seriously, and *Galaxy Quest* is just the thing.

ANY GIVEN SUNDAY

by Nick Stewart
Entertainment Editor

Sport is life. Thanks to Nike and countless corny, cliché-ridden sports movies, this message has been pounded into the heads of the TV-viewing and movie-going public time and time again. It's almost to the point where any sports movie that tries to relay any kind of philosophical message is an automatic cliché, regardless of how good it might actually be. Then along comes a movie like Oliver Stone's new movie, *Any Given Sunday*, which delivers ideas in such a new and refreshing way that it makes you think that maybe, just maybe, there's hope for the genre after all.

When *Any Given Sunday* first strolls onto the field in the middle of a football game, we can see that Tony Danza (Al Pacino) is having a bad day. Tony, coach for the pro-football team the Miami Sharks, has lost the last three games in a row and only has a few more before getting to the playoffs. To make things worse, his star quarterback, aging veteran Cap (Dennis Quaid), suffers a hospitalizing injury in mid-game, putting him out of commission. Within another three plays, Tony then loses his second-string quarterback to yet another hospitalizing injury. With no other

reserve quarterbacks to draw from, he calls upon his third-string quarterback, rookie benchwarmer Willie Beamen (Jamie Foxx) to try and pull the team out of the game. He's terrible at first but in under a week, Willie goes from being a nobody to a sporting superstar. His ego shoots through the roof, chasing away his girlfriend and alienating his teammates. In typical sports movie fashion, his newfound arrogance and egotism threatens to break up the team, get Tony fired, and the Sharks moved out of Miami if he doesn't clean up his act.

While all this might sound like your typical football/baseball/whatever sports movie, it is actually anything but. The average sports movie usually has a cast of colorful characters, but generally doesn't bother to explore any of them in any kind of depth. *Any Given Sunday* looks into the heads of some of the more distinctive characters, and uses their thoughts and motivations to illustrate certain themes about the sport and yes, as corny as it sounds, about life. The multi-threaded themes linked through the examination of the different characters make for an amazingly reflective, intelligent film.

It's impossible to talk about *Any Given Sunday* and not mention the cinematography. Naturally, since

Oliver Stone is the director, this movie is bound to have some abnormal camera shots. While in his film *Natural Born Killers*, he used the extremely bizarre shots to parody and highlight the madness of the media, he applies his unique filming style in this movie to illustrate more points than he could possibly make with words. When Willie goes through his first play as a pro, the camera blurs practically to the point of being unrecognizable. Naturally, Willie flubs the play. As he gradually gains his confidence and learns to focus, the field and players become more and more visible, and Willie starts being able to play like a pro. Few directors are able to use the camera to elicit emotions from the viewers, but Oliver Stone pulls it off brilliantly.

The acting comes as an incredible shock as well. You would expect Jamie Foxx, known for his appearances in *Boozy Call*, *In Living Color* and *The Player's Club*, to

either act badly or start mugging halfway through the movie, but he actually pulls off an incredibly believable performance as the rising star of the team. Of course, there is the classic Al Pacino, who in my opinion delivers as good a performance in this film as he's delivered in a long, long time. All in all, and despite Elizabeth Berkeley's appearance as (what else?) a prostitute, it was a good, solid, well-acted cast.

While there may be some debate over this point, I personally believe that *Any Given Sunday* is by far

one of Oliver Stone's most brilliant pieces of work. He's taken the tired, overdone sports genre movie, and turned out a film that balances not only fantastic cinematography and brilliant acting, but intelligent social and political commentary as well. I never figured that I'd be calling a movie starring Jamie Foxx one of the best of the year, but that's exactly what this is. Philosophical enough for the non-football fan but sporty enough to hold a fan's attention, *Any Given Sunday* is a movie I'd recommend to just about anybody.



"Just Remember... Don't Drop the Chalupa"

Cinescreen Returns in January

Cinescreen, Sudbury's film alternative, returns in January with a slate of films sure to please everyone from the occasional filmgoer to the hardcore cinefile. Not-so-ornery Texans, effervescent gypsies, a gritty English bloke and a shining example of Canadian athleticism are all on the Cinescreen this month, with a few big, round heads and saucer-shaped eyes thrown-in to top it all off.

January 19 to 22: BLACK CAT, WHITE CAT

A hilarious mixture of slapstick, farce and folklore which builds to an uproarious climax through a slapstick sequence of wild chases, exuberant parties, fake deaths, skullduggery, double-crosses, mishaps and pratfalls.

January 23 to 26: THE LIMEY

Wilson, a tough English ex-con, travels to Los Angeles to avenge his daughter's death. After surviving a near-death beating, the Englishman decides to dole out some bodily harm of his own; and before his trip is through, all of Los Angeles will know that The Limey is in town.

January 27th: PRINCESS MONONOKE *special presentation @ 7:30pm*

After witnessing the terrible fighting among humans and forest gods, Ashitaka, the last warrior of his clan, meets the lovely Princess Mononoke, who is ready to die to protect the forest. Through her, Ashitaka is drawn into the terrible struggle to end all the killing and reconcile man with nature.

January 28 to 31: LES BOYS II

Coach Stan's celebrated hockey team flies off to the French Alps to play in the "International Amateur Hockey Tournament." The boys are in for a bit of a culture shock: not only are they playing against teams from different countries, they also have to deal with France - and the French

Cinescreen films play nightly at City Centre Cinema 3. All show times are 7:00pm, except PRINCESS MONONOKE, 7:30pm. For more information please call 688-1234

Quotes From the Beautiful People

ON COURTSHIP "The soundtrack to 'Indecent Exposure' is a romantic mix of music that I know most women love to hear, so I never keep it far from me when women are nearby."
— Fabio

ON FATE "I wish my butt did not go sideways, but I guess I have to face that."
— Christie Brinkley

ON BAD FORTUNE "Whenever I watch TV and see those poor starving kids all over the world, I can't help but cry. I mean I'd love to be skinny like that but not with all those flies and death and stuff."
— Mariah Carey

ON PARADOX "Sometimes I get lonely, but it's nice to be alone."
— Tatjana Patitz

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Arts & Entertainment

Laurentian Writer's Spotlight

In collaboration with the English Arts Club, Lambda is organizing a writing/poetry Spotlight within the Entertainment Section. On a weekly basis (or as regularly as possible), the spotlight will feature various Laurentian students who wish to have their works published or recognized within the Laurentian community. Contrary to popular belief, there is no screening process or contest that needs to be won to be featured in the spotlight. All you have to do is bring your works into Lambda (or send it to lbmdapub@hotmail.com) or the English Arts Club mailbox at L707 (or at englishartsclub@hotmail.com) with a short bio if you so desire. With that being said, onto the Spotlight.

This Week: Ryan Deroy

Bio:

Ryan Deroy is an English/Psychology student in his second year here at Laurentian University. He enjoys reading and writing different works of fiction, spending time with his friends, and assisting in the Pride@L.U. organization (Laurentian's Coalition for Gay, Lesbian, Bisexual, Queer, Transgendered and Two Spirited People). It is fitting that he is featured in the first writer's spotlight, as it was he who first suggested the idea.

The Hunger

Those touched by this disease,
Never cease.
Few try and less succeed,
To escape the grasp of greed.

Antiquity

Flies trapped in amber, jade and emerald.
Some people rather like them, some are appalled.
Suspended by chains, of silver and gold.
Flies trapped in amber, and tales go untold.

I, Myself, Today

I hated myself again today,
My life like a meaningless replay.
I hid my feelings beneath my skin,
Seeing how most refer to them as sin.
I showed the person everyone likes to see,
The mask, my alternative reality.
I kept the real me deep inside,
Because with my life I have everything to hide.
I saw some things that just weren't there,
Like false love in a person's stare.
People even asked me, "Why aren't you with
your own kind?",
But not one person like me could I find.
Popular belief was that I chose to be "strange",
Believe me, if possible, I would change.
Other people didn't accept me saying it's not
right,
But I wasn't about to leave, not without a fight.
I tried hard to change who I really am,
Then everything I did was all a scam.
I dreamt of things that couldn't happen here,
Because I am, what most would call...queer.

Once again, those looking to be featured in the Spotlight can bring their works into Lambda, or email them to lbmdapub@hotmail.com. Anybody looking for information on the English Arts Club can contact them at englishartsclub@hotmail.com, or call Jana at 521-1459.

The Final Exam

Instructions: Read each question thoroughly. Answer all questions. Time limit - four hours. Begin immediately.

Political Science

There is a red telephone on the desk behind you. Start World War III. Report at length on its socio-political effects, if any.

Literature

Compose an epic poem based on the events of your own life in which you see and footnote allusions from T.S. Eliot, Keats, Chaucer, Dante, Norse mythology and the Marx brothers. Critique your poem with a full discussion of its metrics.

Modern Physics

Disprove Einstein's Theory of Relativity. Construct an experiment to prove your position.

Religion

Assuming the Judeo-Christian moral structure, take the stand for Adam and Eve, and the eating of the forbidden fruit. Explain your position fully to a

Chassidic Rabbi, and answer his arguments. An Anglican bishop will moderate this debate.

Engineering

The disassembled parts of a high-powered rifle have been placed in a box on your desk. You will also find an instruction manual, printed in Swahili. In ten minutes a hungry Bengal tiger will be admitted to the room. Take whatever action you feel is appropriate. Be prepared to justify your decision.

Philosophy

Sketch the development of human thought; estimate its significance. Compare with the development of any other kind of thought.

Medicine

You have been provided with a razor blade, a piece of gauze, and a bottle of Scotch. Remove your own appendix. Do not suture until your work has been inspected. You have fifteen minutes.

Biology

Create life. Estimate the differences in subsequent human culture if this form of life had developed five hundred years earlier, with special attention to the probable effects on the English Parliamentary system. Prove your thesis.

Public Speaking

2,500 riot-crazed students are storming the classroom. Calm them. You may use any ancient language except Latin or Greek.

Physics

Explain the nature of matter. Include in your answer an evaluation of the impact of the development of mathematics on science.

Chemistry

Transform lead into gold. You will find a tripod and three logs under your seat. Show all work including Feynman diagrams and quantum functions for all steps. You have fifteen minutes.

A Different Opinion

by Chris Land

Canada is facing some serious financial difficulties. Years of gross fiscal mismanagement has left us with an inefficient tax system and an ever growing debt. Specifically, Canada has a tax on manufactured goods that is 60 years out of date and favors imported goods over domestically produced goods.

The latest attempt at tax reform has been to replace the old Manufactures Sales Tax (MST) with the Goods and Services Tax (GST). This measure has met opposition because many critics have said that it is too complicated to be an effective replacement for the old MST. It is also suspected that the inflationary effect of the GST will further damage an already weak economy. It is their contention that high interest rates and a high Canadian dollar do more to hurt manufacturers competitiveness abroad than the MST. If the government would drop the Bank of Canada rate, it would reduce the value of the dollar as compared to the American dollar, and that would make Canadian goods more competitive in world markets.

It is true that the GST is more complicated than it should be. Businesses and consumers will experience some confusion now that the GST is implemented. Some products have both taxes levied on them, some have one or the other and some have neither. To avoid this, the provinces only have to harmonize their Provincial Sales taxes with the GST. This way all goods and services would either be taxed or not. There would not be any products that would only

have one or the other. It is also true that there will be an increase of inflation as a direct result of the GST, but this will only be a minimal one time increase. These two problems with the GST only go to show that the tax is less than perfect. What tax is?

Despite the problems with the GST, it is still a viable alternative to the old MST. The MST is a 13.5% tax that is levied at the manufacturers level. This means that domestically manufactured goods are taxed while foreign produced goods are not. This causes foreign goods to be more competitive in Canadian markets, while Canadian products are less competitive in foreign markets. For 60 years we have known that this tax should be replaced, but no government has ever had the courage to do so. In the past, the government could compensate for the negative effects of the MST by raising the protective tariff on foreign products. Now that Canada has moved into a free trade environment we can no longer afford to maintain a system of taxation that hurts our manufactures. The GST, unlike the MST, is levied at the point of sale so that it treats foreign and domestic products equally. As well, Canadian products would no longer have an artificial increase of 13.5% in cost when shipped overseas, making Canada more competitive in the world market place. If Canada were to opt for the alternative and reduce interest rates and the price of our dollar, we would run the risk of runaway inflation. The reduction in the value of the dollar that would result from a sharp lowering of interest rates would make any imported goods much more ex-

pensive. Since Canada relies so much on imports, the increase in price of these goods would drive inflation up to a height as yet unknown. This would lower Canadians unemployment and poverty. I don't think that this would be an acceptable alternative to anyone.

Canada along with the United States were the only major industrialized countries that did not have a federal value added tax like the GST. Many of the countries in Europe have found such a tax to be an invaluable source of revenue and far more efficient than a tax like our old MST. We are faced with the dilemma of not wanting to introduce a new tax with a recession looming, but we can no longer go on with a tax that is so harmful to our economy. The MST raises over 15 billion dollars in revenue every year and cannot simply be eliminated without a viable alternative. The tax system in Canada must be improved if we ever hope to climb out of the financial mess that we are in. The GST is not perfect, but it is a positive alternative to what we have now.

Canadians have gotten used to a certain standard of living and have expected government help for people who are less fortunate. If we are to continue to have the kind of society that cares for its poor and elderly, we must take steps to prevent bankruptcy. Our health care system and welfare net have not yet to be paid for and that unfortunately means taxes. The GST is only one aspect of tax reform. Much more must be done if Canada is to grow as caring society.

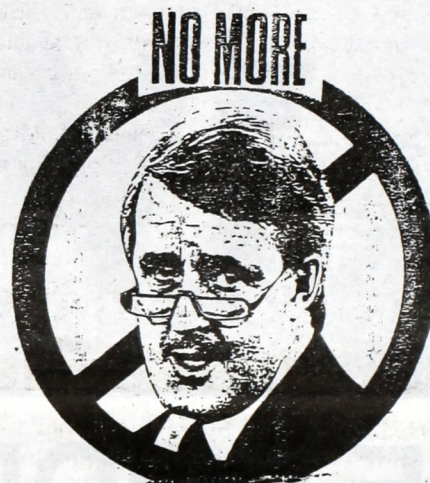
Brian Mulroney Is My Shepherd

I shall soon want,
He leadeth me beside still factories
and abandoned farms.
He restores my doubt about the Tories.
He annointed my wages with taxes and inflation
so my expenses runneth over my income.
Surely poverty and hard living shall
follow the Tories,
and I shall work on a rented farm
and live in a rented house forever.

Five thousand years ago, Moses said:
Pick up your shovel, mount your ass
and I will lead you to the Promised Land.
Five thousand years later, Pierre Trudeau said:
light up a Camel; this is the Promised Land.

This year, Brian Mulroney
will take your shovel, kick your ass,
sell your camel and tell you he gave away
the Promised Land.

I am glad I am a Canadian.
I am glad I am free
But I wish I were a dog
and Brian was a tree.



Sincerely
The People of Canada

Home Alone Review

"I wish I didn't have a family, I wish I didn't have a family!!" is something that eight-year-old Kevin McCallister, played by Macaulay Culkin, wishes for in a fit of anger with his mother.

Once he comes to terms with his scary reality, that his family really is gone, he must fend for himself in the everyday chores of house-keeping.

Kevin's mother, played by Catherine O'Hara, sitting aboard a plane halfway over the Atlantic, is sure that the family forgot something in their mad dash for the airport. When she finally discovers that it was her youngest child, she frantically attempts to get back to Chicago after she fails to reach him by phone from Paris.

Meanwhile, back in Chicago, Kevin is having a great time without his family. He sits in front of the television, in his father's chair, watching movies which he is not suppose to watch, munching down on a bag of



chips, and a huge bowl of ice cream. He also goes through a chest full of things that his brother warns him to keep out of.

During his mother's struggle to get home to her son, she runs into a peculiar fellow. This cameo appearance of John Candy, as none the less, a Polka musician once again, was really somewhat not required. He assisted with her returning home, but there were other means or someone else who could have helped.

While home alone, the precocious child detects a plot by two dim-witted thieves, Harry, played by Joe

Pesci, and Marv, played by Daniel Stern, to steal the family valuables. With no one else to help, Kevin cleverly rigs his house with an assortment of ambushes to foil their repeated attempts at breaking in. These antics are so hilarious that you'll have cramps in your stomach from laughing so hard.

Finally, Kevin realizes that he should have thought of what he was going to say before he said it. Being alone is more than just freedom. One needs love also.

I would seriously recommend you to go and see this picture if you want an evening of laughter and hilarious follies. It is definitely a MUST SEE MOVIE!!

Twentieth Century Fox's comedy "Home Alone", is a John Hughes Production. It is directed by Chris Columbus, who also did "Adventures in Babysitting".

by Kevin Guthrie

Why UCF?

Dear Editor,

I was appalled but not surprised to find out in Lambda that our administration commits over \$1,000,000 to the Universite Canadienne En France in order that 4 Laurentian students may attend. This is totally absurd but typically Laurentian. Let's consider all of the ways in which the administration robs the students on this campus in order to pay for four students to live it up in France.

First of all they decide to double parking fees in student parking lots, but why stop there, let's put up parking gates to get some more money. All of this happens in lots which are outlets for block heaters. But that's not enough, we can use the profits from the grocery store on student street to help out our poor friends in France. This store charges \$1 more for a loaf of bread than any grocery store I've ever seen. There are many more bargains at "Maffia Mart". Still short some money for our friends in France? Romeo can chip in some of the exorbitant profits he rakes in from those poor clods in our rundown residences. On top of that he can charge students for damages that are never fixed. I know of a hole in one bedroom wall which its occupants have been charged for, three years straight.

Still short a few francs? Here's a plan. Let's set up an intramural hockey league and charge 16 teams \$400 dollars each to play. After two or three games we can cancel the league and keep the cash. They can even say its because Laurentian students play too violent and what the hell, maybe some fan will hop on the boards, slug someone, and then we can blame it on him.

I am sure there are many other ways that the students here get taken to the cleaners, but no one here ever does anything about it anyway, so why bother. Just remember our millions of dollars wasted in France when the administration tells you that it does not have the money to run vital services such as the campus Canada Employment Centre.

Signed, A Concerned Student, who doesn't have the guts to allow his/her name to be included in the letter.



PHOTO BY KATHRYN
TRAULSEN

THE GOOD OLD HOCKEY GAME

VEES BURN UP HOME ICE

by Mat Thompson
Editor-In-Chief

This past weekend the Laurentian Voyageurs got back on track and onto the ice by defeating the Wilfred Laurier Golden Hawks 6-5 in an amazing game at the Sudbury Arena last Saturday. Proving that being down in the standings doesn't mean you are out, Laurentian player of the game Blair Sherrit scored two goals and racked up two assists pushing Laurentian to their full potential. With just two minutes left in the game Martin Robert scored the winning goal in his very first game of the season.

On Sunday the Voyageurs hit the ice once again to defeat the Waterloo Warriors by a score of 2-1. Martin Robert once again scored the winning goal, setting a standard that the Voyageurs hope will continue for the rest of the hockey season.

UQTR Blank Competition in Far East Division

The UQTR Patriotes, defending OUA Champions remain undefeated and in first place in the Far East division after back-to-back shutouts this week. UQTR (13-0-3) behind stellar goaltending defeated both the Guelph Gryphons and the Toronto Varsity Blues by a score of 6-0. The victories enabled the Patriotes to remain one point ahead of the McGill Redmen, who had two impressive wins this week as well. The Redmen (14-3-0) shut out the RMC Paladins 13-0, and then followed that with an 8-5 victory over the Queen's Golden Gaels. The battle for first will heat up this week as McGill hosts UQTR on January 21, with the winner taking control of the division.

Queens Takes Lead in Tight Mid East Division

Although the Queens Golden Gaels had a 1-2 record this week, it was still good enough to move past the Guelph Gryphons and into first place in the Mid East. The Golden Gaels (7-10-1) defeated RMC, but then lost successive road games to McGill and Ottawa. The Gryphons (6-9-2) lost to both UQTR and the Concordia Stingers this week to fall out of first place and are only two points ahead of the third place Toronto Varsity blues (5-10-2). The key game this week should be the Guelph Gryphons facing the Mid West division leaders, the Brock Badgers on January 21.

Brock Holds First Place in Mid West

The Brock Badgers went to London this week to face the third ranked Western Mustangs and went home with a well earned 2-2 tie. The Badgers (8-6-2) also tied the Windsor Lancers in their game this week, and maintained their five point lead. The Ryerson Rams (6-9-1) kept pace going 1-1 on the week, while the Laurentian Voyageurs (5-9-2) moved within one point of second place Ryerson. The Voyageurs had a successful 2-1 week that kept them well ahead of the last place York Yeomen (2-11-3).

Mustangs Continue To Lead West Division

The Western Mustangs extended their lead over the Laurier Golden Hawks to six points with a record of 1-0-1 in three games this past week. The Mustangs (12-2-2) are ranked number three in the nation, have two divisional road games this week where they will face both Waterloo and Windsor. The second place Laurier Golden Hawks (9-5-2) lost a little ground on the leaders this week, but still have a four-point lead over the third place Windsor Lancers (6-6-4). The Waterloo Warriors (7-9-0) sit in fourth spot but besides playing Western this week, they will also get a shot at cross-town rival Laurier.

OUA Men's Hockey Standings (as of January 17, 2000)

School	Games	Wins	Losses	Ties	Points
FAR EAST DIVISION					
UQTR	16	13	0	3	29
McGill	17	14	3	0	28
Concordia	16	9	5	2	20
Ottawa	17	6	9	2	14
MID EAST DIVISION					
Queens	18	7	10	1	15
Guelph	17	6	9	2	14
Toronto	17	5	10	2	12
RMC	18	3	15	0	6
MID WEST DIVISION					
Brock	16	8	6	2	18
Ryerson	16	6	9	1	13
Laurentian	16	5	9	2	12
York	16	2	11	3	7
FAR WEST DIVISION					
Western	16	12	2	2	26
Laurier	16	9	5	2	20
Windsor	16	6	6	4	16
Waterloo	16	7	9	0	14

This Week In Voyageur Sports

by Mat Thompson
Editor-In-Chief

BASKETBALL

On Friday, January 14th the Laurentian Men's basketball team dropped to 5-2 after losing to the Queen's Golden Gaels 69-52 in Kingston. Kevin Gordon, Dwayne Burton and Jermaine Pendley lead the team with 9 points each, but in the end it just wasn't enough.

That same day the Lady Vees took to the court to defend their undefeated record against the undefeated Queen's golden Gaels. Queen's, ranked #8, pulled off a win over the #4 ranked Voyageurs by a score of 63-42. The Voyageur player of the game was Stephanie Desutter who had 8 points. The game was close at the half (29-24), but Queen's dominated the scoring 34-18 in the second half.

Staying on the road, Saturday, January 15th the Voyageurs' Men went down 85-72 to the nations fourth ranked Ryerson Rams. The men fought hard, but The Rams dominated on their own turf. Ryerson may have defeated the Men, but our Lady Vees wiped the floor with the Rams 67-51, pushing their record to 7-1. Stephanie Harrison had 20 points for the team while Shauna Conway and Karen Vos grabbed a game high 11 rebounds.

Watch for the Lady Vees to return to home court on Friday, January 21st when they face McGill at 6pm.

SWIMMING

On Friday, January 14th the Aqua Vees traveled to face York and Ryerson in a three team meet. The

Aqua Vees posted some pretty impressive results. On the men's side, Laurentian dominated Ryerson 150-28 and drowned York with a 141-36 total. The Women showed to be just as strong as they defeated Ryerson 146-24, but they were edged by York in the end by a score of 90-89.

The next day the Aqua Vees traveled to U of T to see who rules the pool. The men were defeated 118-64 and the women 119-60. Despite the loss, female swimmer of the meet for both Friday and Saturday's meets Christie Smith received four firsts and one second. On the men's side Fai Yong had three firsts and a second. Yong's results in the 100-fly and the 50-fly were both CIAU qualifying times. Friday's male swimmer of the meet was Gilbert Duplessis finishing the day with two firsts and a third.

Indoor Lady's Soccer

by Kathryn Traulsen
Photo Editor

It's January, 30 below and Sudbury is covered in snow. You might think this would put a damper on the Laurentian Lady Vees soccer team, but you'd be dead wrong. In fact, the Lady Vees are busy beating the pants off all of the teams in the Sudbury Women's Indoor Soccer League. Games take place Sunday nights between 7-11pm at the newly resurfaced Exhibition center in New Sudbury.

Indoor soccer gives avid soccer players something to do during these long winter nights, and keeps the Lady Vees on their toes. Indoor soccer teams are half the size of outdoor teams, so the Laurentian team had to be divided into two teams, double the chance to kick butt. Actually, if the first month is any indication, it is likely that Laurentian #1 (seniors) and Laurentian #2 will be facing each other in the playoffs.

Until this past Sunday (Jan 16), Laurentian #1 had no goals scored against them. Little Caesars, who sits near the bottom of the stats, scored a tying goal early in the second half in what turned out to be a losing cause. Although it became another victory for the first place Laurentian team, Little Caesars will be remembered as the first team to score on the undefeatable Laurentian.

Sure, Indoor Soccer might not

be an official Laurentian sport, but it is never disappointing to watch the Lady Vees destroying another team. Come out and watch some soccer the

next time you have a "free" Sunday night and cheer Laurentian on to what will surely be an undefeated season of Indoor Soccer.



Jenn Fong warms up before another winning game.

Athletes of the Week



Female Athlete of the Week - Christie Smith

This week's recipient of the Pat and Mario's Female Athlete of the Week is Aqua Vees member Christie Smith. Christie swam in two meets this weekend and finished with four first place finishes and one second place finish. Christie was also Laurentian's swimmer of the meet in the Ryerson/York three team meet and versus U of T.

Male Athlete of the Week - Martin Robert

Hockey Team member Martin Robert is the recipient of Pat and Mario's Male Athlete of the Week. In his first two games of the season for the Voyageurs Martin scored both game winning goals in the victories over Wilfred Laurier and Waterloo. Robert, who is currently in teachers college missed the first half of the season, but made an impact with 1 assist and 6 penalty minutes, along with his goals this last weekend.

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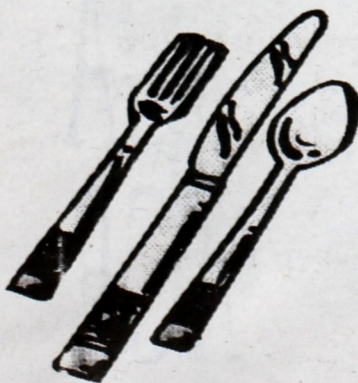
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Y2Karney 2000

Welcome to Y2Karney. In years past Carney was a whole week of activities however due to lack of involvement and budget constraints the week was reformatted in many different ways. Y2Karney is the combination of all the

The whole point behind Carney is to unite Laurentian's Clubs, Residences, Associations, and Off-Campus Students into heated competition, in the cold Sudbury weather.

So here we go. As you represent your residence, club, association or just you and your buds you are fighting for bragging rights. Only the winners can say that they took on LU's best and came out victorious.

If you have any questions or concerns please contact Mark Solomon directly. He can be contacted at the Y2Karney hotline. Yes the SGA has a Y2Karney line call at any time and your questions will be answered. 673-6547

**REGISTER YOUR TEAM AT THE SGA OFFICE
STARTING MONDAY, JANUARY 24!**